

AOMORI CITY M.I.C.E.

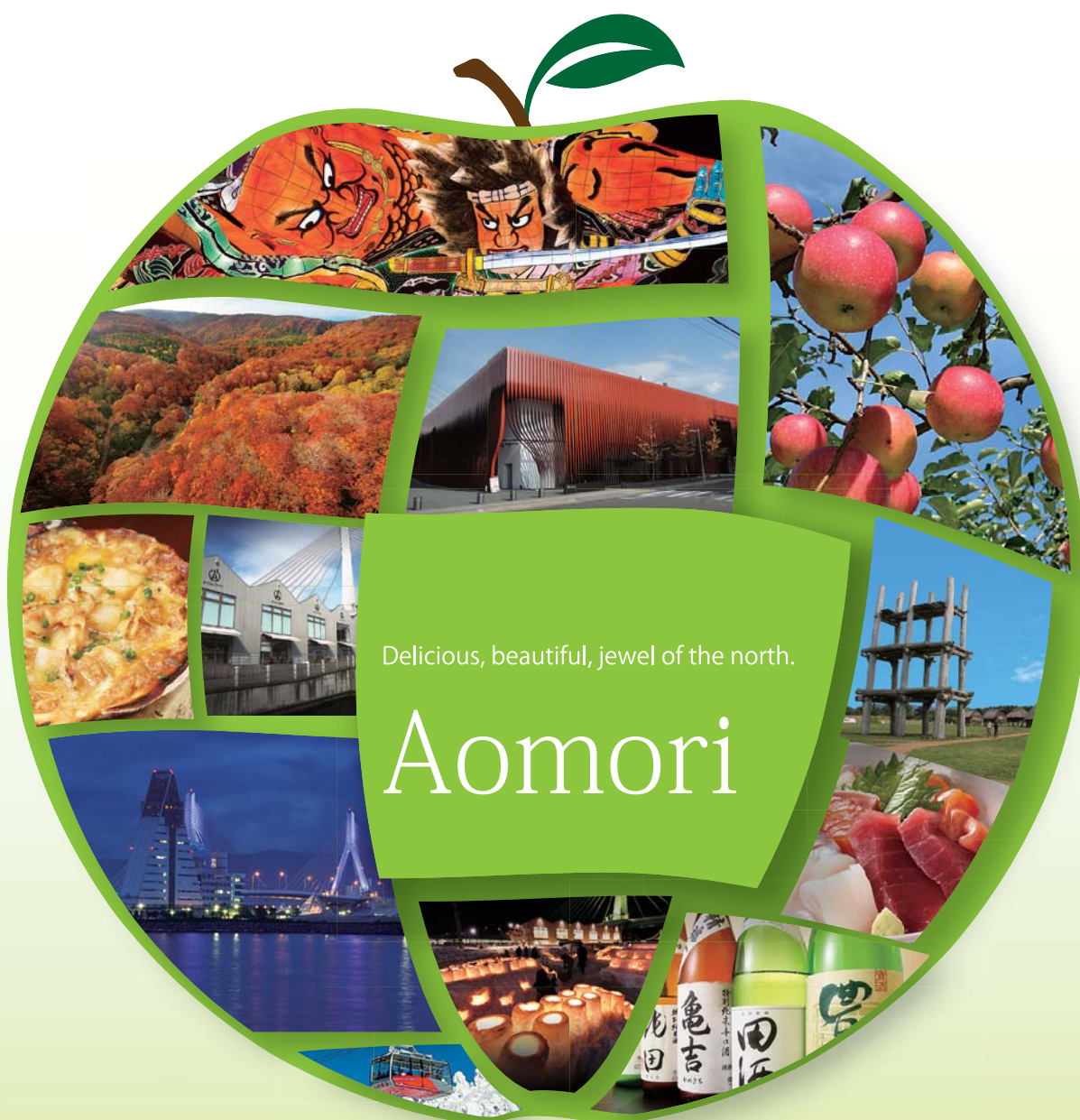
Meeting

Incentive tour

Convention

Exhibition

GUIDE Aomori City MICE Guide



Access to Aomori City

• Access from outside the prefecture

Aomori city is a busy air, sea and land transport hub – It is easily accessible from every part of Japan and a very convenient starting point for traveling within the prefecture.

By air / International

To Aomori Airport Seoul (Korean Air) 180 minutes

By air

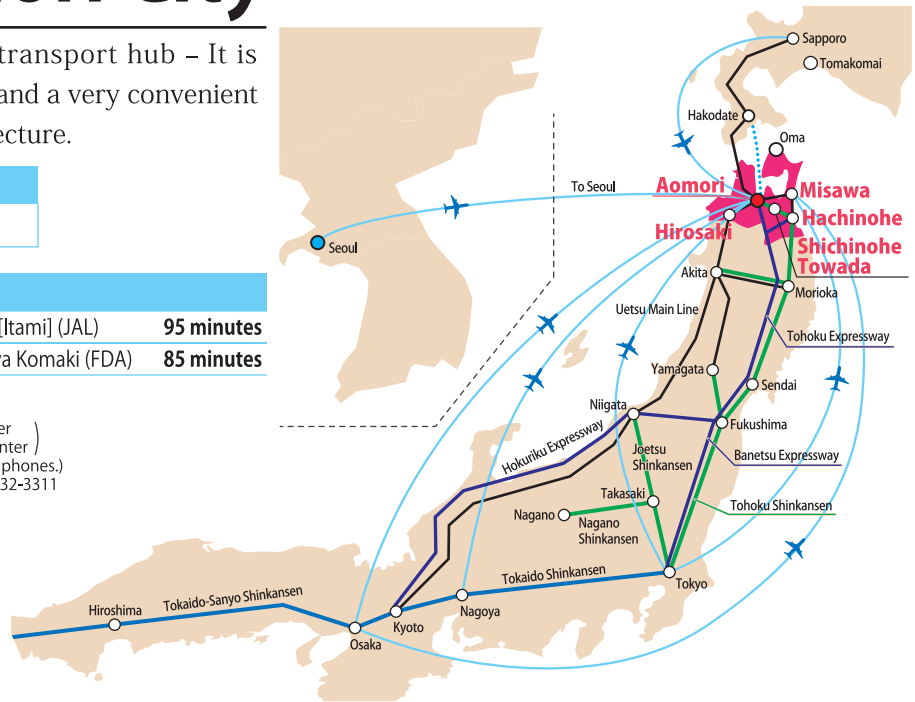
To Aomori Airport	Tokyo [Haneda] (JAL)	80 minutes	Osaka[Itami] (JAL)	95 minutes
	Sapporo (JAL)	50 minutes	Nagoya Komaki (FDA)	85 minutes

Enquiries ● JAL domestic reservations & Information Phone 0570-025-071 (You can call from cell phones.)
 (Other Phone : 03-5460-0522 Tokyo Reservation Center)
 enquiries Phone : 011-232-3690 Sapporo Reservation Center)
 ● FDA Call Center Phone: 0570-55-0489 (You can call from cell phones.)
 ● Korean Air Co., Ltd. Reservations & Information Phone: 017-732-3311

By ferry

Hakodate 3 hours and 40 minutes Aomori

Enquiries ● Tsugaru Kaikyo Ferry Aomori Branch Phone: 017-766-4733
 ● Seikan Ferry Aomori Branch Phone: 017-782-3671



By rail / Shinkansen

Tokyo	Tohoku Shinkansen Hayabusa (Tokyo - Shin-Aomori 2 hours and 59 minutes)	(Tokyo — Shin-Aomori) Time required: 2 hours and 59 minutes
Shin-Osaka	Nozomi (2 hours and 22 minutes) Tokyo	(Shin-Osaka — Shin-Aomori) Time required: 5 hours and 24 minutes
Shin-Hakodate-Hokuto	Hokkaido Shinkansen Hayabusa (1 hour and 1 minute)	(Shin - Hakodate - Hokuto — Shin - Aomori) Time required: 1 hour and 1 minute

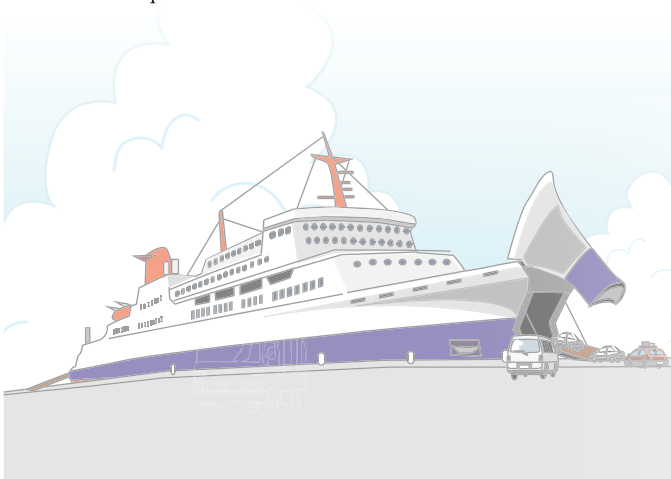
※ The time required between stations is the minimum time. ※ The time required for connections between trains is not included.
 Enquiries for JR timetable, fare, charge and the availability of seats/Phone: 050-2016-1600 (6:00 a.m. to midnight)
 ※ Approximately 15 minutes by car or 6 minutes by train or 30 minutes by bus between Shin-Aomori Station and Aomori Station.

By car (The time required is calculated assuming a speed of 80 km/h and the distance and time is up to Aomori Chuo Interchange)

678.7km	467.1km	428.6km	351.1km	171.4km	Aomori-Chuo Interchange
Urawa Interchange	Approximately 8 hours and 30 minutes	Koriyama Interchange	Approximately 5 hours and 50 minutes	Fukushima-Nishi Interchange	Approximately 5 hours and 10 minutes
			Approximately 5 hours and 20 minutes	Sendai-Miyagi Interchange	Approximately 4 hours and 20 minutes
			410.9km	Yamagata-Kita Interchange	Approximately 4 hours and 20 minutes
				Morioka Interchange	Approximately 2 hours and 10 minutes
				344.6km	Akita-Kita Interchange

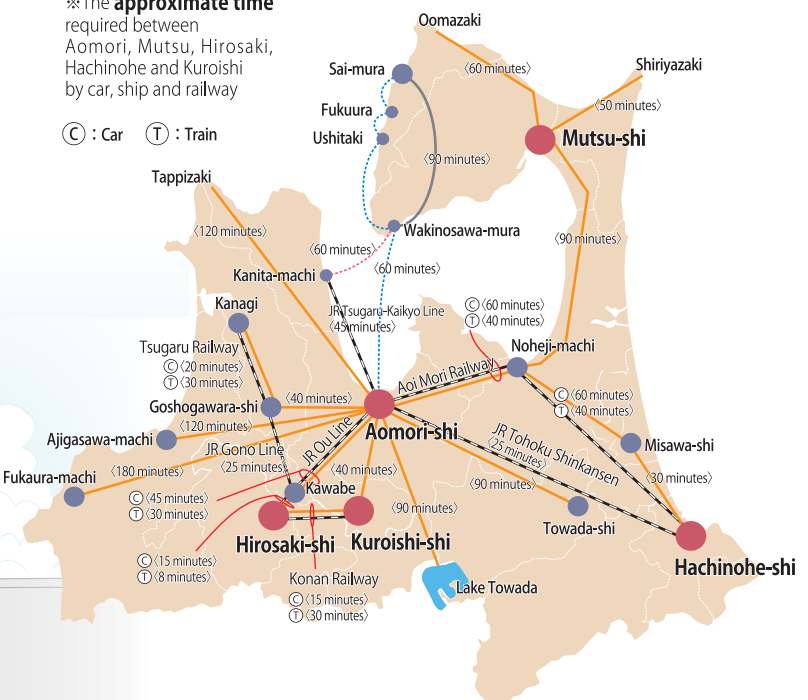
• Access within the prefecture

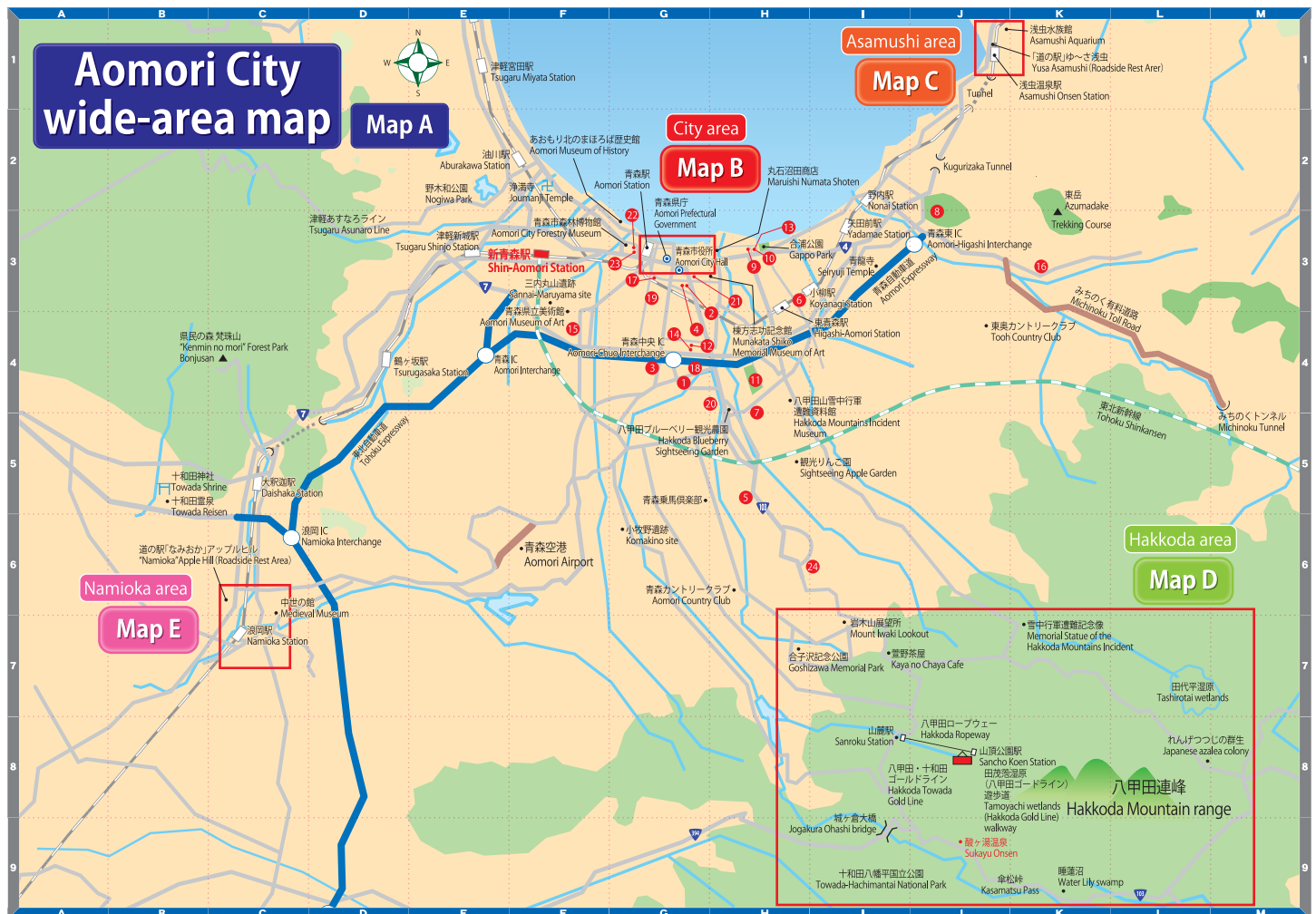
As there are many railway lines such as the Tohoku Shinkansen, JR Ou Main Line and Aoi Mori Railway as well as expressways, accessibility to various places within the prefecture is excellent.



※ The approximate time required between Aomori, Mutsu, Hirosaki, Hachinohe and Kuroishi by car, ship and railway

© : Car T : Train





1 青森産業会館 Aomori Sangyo Kaikan (Industrial Exhibition Hall)	5 青森公立大学 Aomori Public University	9 青森市スポーツ会館 Aomori City Sports Center (Michinoku Bank Dream Stadium)	13 青森市民室内プール Aomori City Indoor Swimming Pool	17 ホテル山上 Hotel Yamagami	21 中村屋旅館 Nakamura Ryokan
2 県民福祉プラザ Prefectural Welfare Plaza	6 青森県立保健大学 Aomori University of Health and Welfare	10 青森市民体育館 Aomori City Gymnasium (Kakuhiro Group Stadium)	14 盛運輸アリーナ (青森県競馬センター) Mori Transport Arena (Aomori Prefectural Skating Rink)	18 ホテルルートイン青森中央インター Hotel ROUTE INN Aomori-Chuo Interchange	22 はれやま旅館 Hareyama Ryokan
3 青森県総合社会教育センター Aomori Prefectural Community Education Center	7 青森大学 Aomori University	11 青森市スポーツ広場 Aomori City Sports Ground	15 青森県総合運動公園 Aomori Prefecture Sports Park	19 光陽館 Koyokan Ryokan	23 民宿台由 Minshuku Utenayau
4 アピオアオモリ Apio Aomori	8 マエダアリーナ (旧・青アオ、新・青森県総合社会教育センター) Maeda Arena (Aomori Arena, New Aomori Prefectural Sports Park)	12 青森市屋内グラウンド (サンドーム) Aomori City Indoor Ground (Sun Dome)	16 コテージホテルショコラ Cottage Hotel Chocolat	20 幸旅館 Sachi Ryokan	24 モヤヒルズ (ケビンハウス) Moya Hills (Cabin House)

Aomori City Bus free route card one day pass (available only on Saturdays, Sundays and public holidays)

■ Available section: All city routes run by City Bus one day pass with unlimited use ■ Fare: adult (junior high school students or older) 500 yen child 250 yen
■ Sale location: Aomori Station Office, in buses (only adult tickets available), etc.

Transportation enquiries

[Taxi] <members of Aomori City Taxi Association>

● Miyago Kanko Taxi (L)	017-743-0385
● Aomori Taxi	017-738-6000
● Chinda Taxi (L)	017-734-8111
● Asahi Taxi (L)	017-741-0451
● Ichiban Taxi	017-739-5500
● Wako Hire (L)	017-739-2211
● Miyako Taxi (L)	017-766-2255
● Shochiku Taxi	017-726-2121
● Daiji Taxi	017-739-6000
● Yomogita Kanko Bus	017-742-5544
● Naricho Taxi (L)	017-763-1515
● Kokusai Taxi (L)	017-781-1733
● Aomori Chuo Taxi	017-781-5311
● Bunka Taxi	017-742-1311
● Hinode Taxi	017-777-3333
● Koyo Taxi (L)	017-739-4321
● Godo Totsu	017-788-1333
● Hakkoda Kanko	017-738-3011
● Sogo Kotsu (L)	017-742-1300

(L) Indicates the availability of large-size vehicles.

* Contact for lost property in the taxi

Aomori City Taxi Association

017-766-3660

<Namioka Area>

● Namioka Taxi	0172-62-5111
● Chuo Taxi	0172-32-2281

[Tourist bus]

● Aomori Kanko Bus	017-739-9384
● Koyo Kanko Bus	017-739-5522

[Bus]

● Aomori City Bus Station Office	017-722-6702
● JR Bus Tohoku Aomori Branch	017-723-1621
● Shimokita Traffic	0175-22-3221
● Towada Kanko Electric Railway	017-787-1556
● Konan Bus Aomori Office	017-726-7575

[Car rental]

● Station car rental Aomori Office (within Orix car rental Aomori Station Branch)	017-722-0224
● Station car rental Shin-Aomori Office	017-761-5515
● Toyota Rent a Car Aomori Yasukata Branch	017-734-0100
● Toyota Rent a Car Shin-Aomori Station West Exit Branch	017-782-0100
● Toyota Rent a Car Aomori Airport Branch	017-739-0115
● Nippon Rent-a-car Tohoku Aomori-Station Office	017-722-2369
● Nippon Rent-a-car Tohoku Shin-Aomori Station Office	017-752-6130
● Nippon Rent-a-car Tohoku Aomori Airport Office	017-739-7310
● Nissan Rent a Car Shin-Aomori Station Branch	017-766-8866
● Nissan Rent a Car Aomori Airport Branch	017-762-2323
● Times Car Rental Aomori Branch	017-773-2932
● Times Car Rental Aomori Airport Branch	017-762-2311
● Times Car Rental Shin-Aomori Station Branch	017-761-5356
● Orix Rent a Car Aomori Station Branch	017-773-3900
● Orix Rent a Car Aomori Airport Branch	017-762-3543
● Orix Rent a Car Shin-Aomori Station Apple Branch	017-781-9300
● Orix Rent a Car Shin-Aomori Station Hamanatsu Branch	017-752-6543

[Traffic information]

● Japan Road Traffic Information Center
[Cautions when driving on expressways]
* You cannot enter Aomori Expressway from Tohoku Expressway Aomori Interchange.
* You cannot enter Aomori Interchange from Aomori Expressway.

050-3369-6602

[In case of car breakdowns]

● JAF Aomori Road Service	0570-00-8139
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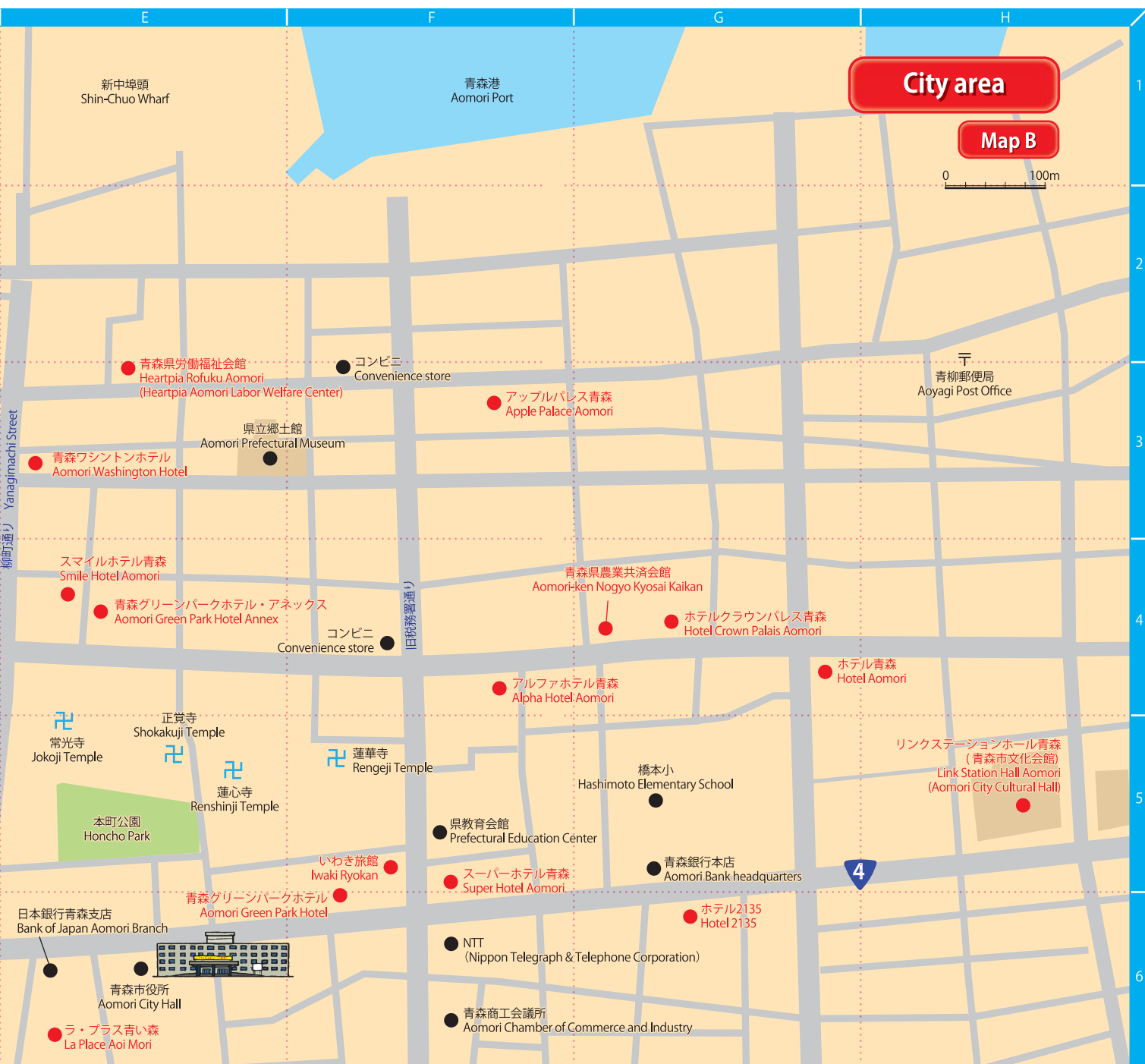
[Airplane]

● JAL Reservation Center	0570-025-071
● ANA Reservation Center	0570-029-222
● KAL (Korean Air) Aomori Branch	017-732-3313
● FDA (Fuji Dream Airlines) Call Center	0570-55-0489

[Ferry]

● Tsugaru Kaikyō Ferry Aomori Branch	017-766-4733
● Seikan Ferry Aomori Branch	017-782-3671
● City Line	017-722-4545
● Mutsuwan Ferry Head Office	0174-22-3020





Great aid for traveling in Aomori: Sightseeing navigation app Navigation for sightseeing in Aomori



Supports five languages:
Japanese, English, Simplified Chinese,
Traditional Chinese and Korean

This is a handy app that, when downloaded onto smartphones or tablets, will allow users to search for sightseeing spots and event information within Aomori City, as well as public transportation information such as which bus route and where / when to change buses / trains. Use it for a fun day out and for guiding visitors from outside the prefecture.

Go to **P33** for more details about the app

◆ Excellent accessibility within Japan and from overseas

There are direct flights from Incheon Airport (Seoul), a leading hub airport in Asia, to Aomori by Korean Airways and you can have easy access from Asia and around the world, including Europe and America. In addition to air routes between major cities such as Tokyo, Osaka and Sapporo, traffic networks including Shinkansen, express ways and ferries have further improved, offering excellent accessibility within Japan and from overseas.



◆ Conference facilities and accommodation

A wide range of facilities which accommodate conferences and events of any size are available. There are a variety of accommodations; luxurious Japanese-style inns and hotels as well as reasonably priced business hotels. You can find facilities which suit your purpose both in the central part of the city and outside the city.



Reasons to choose Aomori

AOMORI CITY M.I.C.E GUIDE

◆ Aomori, known for the exciting and grand Aomori Nebuta Festival

Aomori's festivities are in full swing of, not only for the duration of Nebuta Festival from August 2nd to 7th but also from the middle of July when Nebuta-related events begin around the city. Even if you miss this festival period, you can enjoy Nebuta floats displayed at the Museum in Aomori throughout the year.

Look at Nebuta floats paraded in the Festival and listen to unique Nebutabayashi music. Feel the authentic excitement and atmosphere.



◆ Delicacies brought from the sea and the mountains

The finest seafood and sushi are popular in Aomori, which is surrounded by four seas—the sea of Japan, Pacific Ocean, Mutsu Bay and the Tsugaru Channel. Aomori is also blessed with various local products from the mountains grown in rich natural environments including the Hakkoda Mountains as well as local cuisine. In addition, Aomori's apples, which boast the highest harvest volume and the best taste in Japan, are juicy and delicious when you eat them fresh and there are also plenty of processed products as souvenirs.



◆ A wide variety of tourist attractions

There is a wide variety of tourist attractions such as the great nature of the Hakkoda Mountains and Mutsu Bay, the Sannai-Maruyama site from the Jomon Period and the hot springs well-known across Japan. The Hakkoda Mountains, for example, are popular for casual trekking, which does not require proper equipment, and for its autumn colors. The mountains are most popular among skiers from overseas for their only mountain skiing environment said to be the only one like it in the world with high-quality powder snow and untouched nature of the snow monsters.(soft rime that forms on trees)

You can also enjoy sightseeing in the surrounding areas with various tourist attractions using Aomori city as a base.



◆ International conference tourism city

In July 2015, Aomori was certified by the Japanese Government's Tourism Agency as an international conference tourism city for its capacity to offer suitable facilities and services to hold international conferences. We promise to hold a pleasant MICE.



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※Information regarding facilities and fees in this brochure is current as of March 2016 and is subject to change.

【Facilities for meetings, training, sporting events, etc.】

Map	Facility name	Address	Phone number	Scale of the largest hall (such as banquet halls) in each facility		
				School format (audience capacity)	Theater format (audience capacity)	Area (㎡)
●Facilities for events like meetings and training						
〈B〉 5-H	Link Station Hall Aomori (Aomori City Cultural Hall)	4-1, Tsutsumimachi 1-chome, Aomori-shi	017-773-7300		2031	2,520
〈B〉 4-A	Linkmore Heiankaku Civic Hall (Aomori Civic Hall)	2-14, Yanakawa 1-chome, Aomori-shi	017-722-3770		989	
〈B〉 2-B	Wa Rasse Nebuta Museum(Aomori City cultural, tourist, and exchange facilities)	1-1, Yasukata 1-chome, Aomori-shi	017-752-1311		180	320
〈B〉 1-C	ASPAM (Aomori Prefecture Tourist Center)	1-40, Yasukata 1-chome, Aomori-shi	017-735-5311	156		195
〈B〉 3-B	Aomori City Gender Equality Plaza (Kadaru)	5F, 3-7, Shinmachi 1-chome, Aomori-shi	017-776-8800		300	336
〈A〉 4-G	Aomori Sangyo Kaikan (Industrial Exhibition Hall)	4-1, Dainitonyamachi 4-chome, Aomori-shi	017-739-1811		2,000	2,596
〈A〉 3-G	Prefectural Welfare Plaza	20-30, Chuo 3-chome, Aomori-shi	017-777-9191		350	829.46
〈A〉 4-G	Aomori Prefectural Community Education Center	119-7, Fujito, Arakawa, Aomori-shi	017-739-1251		312	432.3
〈A〉 3-G	Apio Aomori	17-1, Chuo 3-chome, Aomori-shi	017-732-1010		234	288.2
〈B〉 3-E	Heartpia Rofuku Aomori (Heartpia Aomori Labor Welfare Center)	3-11, Honcho 3-chome, Aomori-shi	017-775-3751	216		307
〈B〉 4-G	Aomori-ken Nogyo Kyosai Kaikan	5-21, Honcho 5-chome, Aomori-shi	017-775-1161	250		280
〈A〉 5-H	Aomori Public University	153-4, Yamazaki, Goshizawa, Aomori-shi	017-764-1555		768	1,935.67
〈A〉 3-H	Aomori University of Health and Welfare	58-1, Mase, Hamadate, Aomori-shi	017-765-2005	482		
〈A〉 4-H	Aomori University	3-1, Kobata 2-chome, Aomori-shi	017-738-2001		522	578.72
〈B〉 4-G	Hotel Aomori	1-23, Tsutsumimachi 1-chome, Aomori-shi	017-775-4141	900	1,500	1,117
〈B〉 4-B	Aomori Kokusai Hotel	6-18, Shinmachi 1-chome, Aomori-shi	017-722-4321	330	700	540
〈B〉 3-E	Aomori Washington Hotel	1-26, Honcho 2-chome, Aomori-shi	017-775-7111	30	50	52
〈B〉 3-F	Apple Palace Aomori	1-5, Honcho 5-chome, Aomori-shi	017-723-5600	270	400	390
〈B〉 3-C	ALASKA (HOTEL ABEST AOMORI)	11-22, Shinmachi 1-chome, Aomori-shi	017-723-2233	306	700	412
〈B〉 3-C	Hotel JAL City Aomori	4-12, Yasukata 2-chome, Aomori-shi	017-732-2580	45	70	91
〈B〉 4-G	Hotel Crown Palais Aomori	5-4, Honcho 5-chome, Aomori-shi	017-775-1151	294	616	430
〈B〉 6-E	La Place Aoimori	11-18, Chuo 1-chome, Aomori-shi	017-734-4371	180	250	250
〈C〉 8-A	Asamushi Onsen “Kaisenkaku”	31, Hotarudani, Asamushi, Aomori-shi	017-752-4411	200		297
〈C〉 7-A	Hotel Akitaya	293-12, Hotarudani, Asamushi, Aomori-shi	017-752-3239	70	90	102
〈C〉 8-A	Yadoya Tsubaki	25, Hotarudani, Asamushi, Aomori-shi	017-752-2001	65		80 tatami mats
〈C〉 9-B	Asamushi Onsen Tsubakikan	14, Uchino, Asamushi, Aomori-shi	0120-8102-15	60 ～ 70	90	100 tatami mats
〈C〉 9-A	Tatsumikan	281, Yamashita, Asamushi, Aomori-shi	017-752-2222	160		
〈C〉 9-A	Japanese-style inn Yanagi no yu	236, Yamashita, Asamushi, Aomori-shi	017-752-2023	100		160
〈D〉 9-D	Hakkoda Hotel	1, Minami Arakawayama 1-chome, Arakawa, Aomori-shi	017-728-2000	100		180
〈D〉 9-C	HOTEL Jogakura	Yamanaka, Hakkoda, Arakawa, Aomori-shi	017-738-0658			48
●Facilities for sporting events, etc.						
〈A〉 3-J	Maeda Arena (Aoimori Arena, New Aomori Prefectural Sports Park)	22-2, Takase, Miyata, Aomori-shi	017-737-0600	3,368	5,348	9,812.03
〈A〉 3-H	Aomori City Sports Center (Michinoku Bank Dream Stadium)	13-1, Gappo 1-chome, Aomori-shi	017-765-6200			
〈A〉 3-H	Aomori City Gymnasium (Kakuhiro Group Stadium)	9-1, Gappo 2-chome, Aomori-shi	017-743-3361			
〈A〉 4-H	Aomori City Sports Ground	87-4, Noda, Oyasawa, Aomori-shi	017-764-5525			
〈A〉 4-G	Aomori City Indoor Ground (Sun Dome)	123-6, Toyoda, Hamada, Aomori-shi	017-729-3106			
〈A〉 3-H	Aomori City Indoor Swimming Pool	9-10, Gappo 2-chome, Aomori-shi	017-743-3440			
〈A〉 4-G	Mori Transport Arena (Aomori Prefectural Skating Rink)	Toyota Chinai, Hamada, Aomori-shi	017-739-9500			
〈A〉 4-F	Aomori Prefecture Sports Park	234-7, Chikano, Yasuta, Aomori-shi	017-766-1241			
●Tourist Information Centers						
〈B〉 2-A	Aomori City Tourist Information Center	1-1-25 Shinmachi, Aomori-shi	017-723-4670	in front of Aomori Station		
〈A〉 3-F	Aomori Tourist Information Center	140-2 Ishie Takama, Aomori-shi	017-752-6311	Shin-Aomori Station 2 nd floor		

* School format means a layout with desks and chairs. Theater format means a layout with only chairs.

[Accommodation guide]

*The chart only shows regular guestrooms. For more details, inquire to each hotel.

Map	Hotel name	Address	Phone number	Number of guests	Capacity	Single rooms	Twin rooms	Double rooms	Triple rooms	Suites	Japanese and western style rooms	Japanese-style rooms
Aomori area【Hotels】												
〈B〉6-F	Aomori Green Park Hotel	4-16, Honcho 1-chome, Aomori-shi	017-723-5500	106	105	104	1					
〈B〉4-E	Aomori Green Park Hotel Annex	5-18, Honcho 2-chome, Aomori-shi	017-723-3200	120	118	116	2					
〈B〉4-B	Aomori Kokusai Hotel	6-18, Shinmachi 1-chome, Aomori-shi	017-722-4321	94	67	40	20	5		1		1
〈B〉5-B	Hotel & Spa Aomori Center Hotel	10-9-1, Furukawa 1-chome, Aomori-shi	017-762-7500	170	149	117	32					
〈B〉4-D	Art Hotel Color Aomori	5-6, Shinmachi 2-chome, Aomori-shi	017-775-4311	99	89	79	9	1				
〈B〉3-E	Aomori Washington Hotel	1-26, Honcho 2-chome, Aomori-shi	017-775-7111	268	228	188	38	2				
〈B〉3-F	Apple Palace Aomori	1-5, Honcho 5-chome, Aomori-shi	017-723-5600	122	54	30	19					5
〈B〉4-F	Alpha Hotel Aomori	1-7, Hashimoto 1-chome, Aomori-shi	017-773-3000	168	116	70	1	39	6			
〈B〉2-B	Weekly Sho Hotel Chitose	4-14, Yasukata 1-chome, Aomori-shi	017-723-1000	84	80	73	4					3
〈A〉3-K	Cottage Hotel Chocolat	248-118, Takisawa Sumiyoshi, Aomori-shi	017-726-4605	Approximately 60	13	4 family wings/4 standard A wings/5 standard B wings						
〈B〉5-F	Super Hotel Aomori	3-14, Hashimoto 1-chome, Aomori-shi	017-723-9000	204	89	64	25		*1 Possible to add 1 extra bed to each room. Please inquire.			
〈B〉4-E	Smile Hotel Aomori	4-7, Honcho 2-chome, Aomori-shi	017-776-7711	135	114	96	12	3	3			
〈B〉3-C	Apa Hotel Aomori-Eki Higashi	11-2, Yasukata 1-chome, Aomori-shi	017-722-1100	144	140	136	4					
〈B〉2-B	Toyoko Inn Aomorieteki Shomen-guchi (Aomori Station Main Entrance)	3-5, Yasukata 1-chome, Aomori-shi	017-735-1045	246	194	154	14	26				
〈B〉3-B	Hyper Hotels Passage	8-6, Shinmachi 1-chome, Aomori-shi	017-721-5656	170	122	90	7	16		1	1	*1
〈B〉4-G	Hotel Aomori	1-23, Tsutsumimachi 1-chome, Aomori-shi	017-775-4141	393	155	61	76	8		5		5
〈B〉3-C	ALASKA (HOTEL ABEST AOMORI)	11-22, Shinmachi 1-chome, Aomori-shi	017-723-2001	96	75	60	10	2	1			2
〈B〉4-G	Hotel Crown Palais Aomori	5-4, Honcho 5-chome, Aomori-shi	017-775-1151	82	44	30	5	4		1	2	2
〈B〉3-B	Hotel Sunroute Aomori	9-8, Shinmachi 1-chome, Aomori-shi	017-775-2321	235	180	85	53	33				9
〈B〉3-C	Hotel JAL City Aomori	4-12, Yasukata 2-chome, Aomori-shi	017-732-2580	267	167	81	72	14				
〈B〉5-B	Hotel Select-Inn Aomori	9-1, Furukawa 2-chome, Aomori-shi	017-721-5288	130	84	59	8	15	2			
〈B〉6-G	Hotel 2135	13-5, Hashimoto 2-chome, Aomori	017-732-2135	118	62	14	27	21				
〈B〉2-B	Hotel New Murakoshi	3-7, Yasukata 1-chome, Aomori-shi	017-722-8095	Approximately 100	56	8	40		1			7
〈B〉3-C	Apa Hotel Aomori-Eki Kencho-dori	6-6, Yasukata 2-chome, Aomori-shi	017-775-8811	125	107	87	15	5				
〈A〉3-G	Hotel Yamagami	16-9, Furukawa 3-chome, Aomori-shi	017-723-1661	Approximately 15	6	2						4
〈B〉2-B	Hotel Route-Inn Aomori Ekimae	1-24, Shinmachi 1-chome, Aomori-shi	017-731-3611	240	182	124	28	*2		1		
〈A〉4-G	Hotel Route-Inn Aomori Chuo Interchange	2-12, Dainitonyamachi 2-chome, Aomori-shi	017-762-5551	255	198	145	27	26				
〈B〉6-E	La Place Aomori	11-18, Chuo 1-chome, Aomori-shi	017-734-4371		24	16	6					2
〈B〉6-D	Richmond Hotel Aomori	6-6, Nagashima 1-chome, Aomori-shi	017-732-7655	264	175	126	49					
Aomori area【Japanese-style hotels】												
〈B〉2-B	Iroha Ryokan	3-12, Yasukata 1-chome, Aomori-shi	017-722-8689	24	8							8
〈B〉5-F	Iwaki Ryokan	4-12, Honcho 1-chome, Aomori-shi	017-776-4877	30	9							9
〈A〉3-G	Koyokan	2-6, Asahicho 1-chome, Aomori-shi	017-776-6070	24	10							10
〈A〉4-H	Sachi Ryokan	9-2, Tonyamachi 2-chome, Aomori-shi	017-738-5095	11	5							5
〈A〉3-G	Nakamura Ryokan	2-8, Hashimoto 2-chome, Aomori-shi	017-734-1830	58	19							19
〈A〉3-G	Hareyama Ryokan	1-17, Shinoda 1-chome, Aomori-shi	017-781-8066	40	18							18
〈A〉3-G	Minshuku Utenayu	7-18, Shinoda 1-chome, Aomori	017-781-3636	77	65	53	12					
Asamushi area												
〈C〉6-A	Asamushi Kanko Hotel	51-1, Sakamoto, Asamushi, Aomori-shi	017-752-3355	272	46						8	38
〈C〉8-A	Asamushi Onsen “Kaisenkaku”	31, Hotarudani, Asamushi, Aomori-shi	017-752-4411	369	86	16	6	1 special room				63
〈C〉7-A	Hotel Akitaya	293-12, Hotarudani, Asamushi, Aomori-shi	017-752-3239	169	37						2	35
〈C〉8-A	Yadoya Tsubaki	25, Hotarudani, Asamushi, Aomori-shi	017-752-2001	59	16	1						15
〈C〉9-B	Asamushi Onsen Tsubakikan	14, Uchino, Asamushi, Aomori-shi	0120-8102-15	125	25							25
〈C〉9-B	Asamushi Onsen Matsunoyu *3	13, Uchino, Asamushi, Aomori-shi	017-752-3628	14	6							6
〈C〉9-A	Asamushi Onsen Ryokan Ogawa	280, Yamashita, Asamushi, Aomori-shi	017-752-3202	20	4						1	3
〈C〉8-A	Kappo Ryokan Satsuki	71-7, Hotarudani, Asamushi, Aomori-shi	017-752-2352	30	8							8
〈C〉9-A	Sumireso	208-1, Hotarudani, Asamushi, Aomori-shi	017-752-2201	30	9							9
〈C〉9-A	Tatsumikan	281, Yamashita, Asamushi, Aomori-shi	017-752-2222	120	25		2					23
〈C〉9-A	Japanese-style inn Yanagi no yu	236, Yamashita, Asamushi, Aomori-shi	017-752-2023	119	22						1	21
Hakkoda area												
〈D〉9-D	Hakkoda Hotel	1, Minami Arakawayama 1-chome, Arakawa, Aomori-shi	017-728-2000	144	55		39	8 maisonette rooms/other special rooms also available				
〈D〉8-C	Hakkoda Resort Hotel	58, Kansuizawa 1-chome, Arakawa, Aomori-shi	017-738-2233	100	27		4				1	22
〈D〉9-C	HOTEL Jogakura	Arakawa, Aomori-shi (Within Mt. Hakkoda)	017-738-0658	88	31		14	*4				2
〈D〉9-D	Sukayu Onsen	1, Hakkodasan, Aomori-shi	017-738-6400	300	130							130
〈D〉7-E	Nukudamari No Sato Hito Hakkoda Onsen	766-2, Fukazawa, Komagome, Aomori-shi	017-738-8288	65	15							15
〈D〉8-C	Hakkoda-sanso	1-61, Kansuizawa, Arakawa, Aomori-shi	017-728-1512	40	9						8	1
〈D〉8-E	Matabei No Chaya	1-244, Minamikomagomeyama, Komagome, Aomori-shi	017-738-7815	13	4							
〈D〉7-D	Michinoku Fukazawa Onsen	650, Fukazawa, Komagome, Aomori-shi	017-738-1464									
〈A〉6-I	Moya Hills (Cabin House)	63, Nashinoki, Moya, Aomori-shi	017-764-1110	32		*5						
Namioka area												
〈E〉9-E	Sunrise Ryokan	13-1, Nishitanemoto, Megasawa, Namioka, Aomori-shi	0172-62-8008	35	11							11
*1 7 family rooms (accommodates up to 4 people) *2 29 (semi-double rooms (rooms with beds three-quarters the size of double beds)) *3 (overnight stay available only during the Japanese national holidays in May, Nebuta, and during the O-Bon holiday period in August, usually between August 13 and 16) *4 10 maisonette rooms / 3 Ground Comfort rooms / 1 Ground Comfort Suite rooms / 1 Royal Suite rooms *5 8 rooms (6 cabins: 3 Type-1 cabins, 2 Type-2 cabins, 1 wheelchair-friendly Type-1 cabin, each accommodating up to 4 people)												

Link Station Hall Aomori (Aomori City Cultural Hall)

Access

- 10 minutes by taxi or bus from JR Aomori Station
- 20 minutes by taxi from JR Shin-Aomori Station
- 40 minutes by taxi from Aomori Airport
- 20 minutes by car from Aomori Chuo Interchange



Link Station Hall Aomori (Aomori City Cultural Hall) was built to allow citizens to appreciate cultural and artistic activities and hold events such as promotions, lectures, and conferences. It is used to serve a wide range of purposes from appreciation of Japanese and overseas art to domestic and international conventions.

Events held at Link Station Hall Aomori in the past

- May 21-23, 2014: The 42nd Annual Meeting of Japanese Society for Vascular Surgery
Working together for vascular surgery—Passion, experience, and evidence—
1,500 persons
- August 9-11, 2014: The 11th Annual Meeting of the Particle Accelerator Society of Japan
800 persons
- September 3-5, 2014: The 52nd National Research Meeting of Personnel Related to the Welfare
of Persons with Intellectual Disabilities in Aomori
4,000 persons
- October 15-17, 2014: The 55th Regular Meeting of the National Federation of Construction
Workers' Unions
3,000 persons
- October 2-4, 2015: The 34th Annual Meeting of Japan Society for Dementia Research
—Future outlook for Alzheimer's disease—
1,500 persons
- October 6, 2015: The 66th Meeting of the National Association of Shinto Women's Groups in Aomori
1,200 persons
- November 14-16, 2015: The 52nd Meeting of Advocates of Protection of the Constitution
2,500 persons
- November 26-27, 2015: The 23rd National Commercial Research Presentation Meeting for High
School Students 2015
3,500 persons

Support for convention organizers

- Application period** From 12 months to seven days prior to the day of convention **Available for use** 9:00 a.m. to 10:00 p.m.
- Application method** Applications for use should be brought directly to the office or sent by fax.
- C l o s e d** The third Monday of each month (if the Monday falls on a national holiday, it will be closed on the following day) and year-end and New Year holidays (December 29 to January 3)

Conference room name	Area (m ²)	Capacity		Usage fees (weekday)	Remarks
		School arrangement	Theater arrangement		
Large Hall	2,520 m ²	2,031	—	102,570 yen	
Large Conference Room	648 m ²	—	306	31,380 yen	(If partitioned into two rooms) 15,690 yen per room
Medium-sized Conference Room	393 m ²	—	234	19,130 yen	(If partitioned into two rooms) 9,565 yen per room
Small Conference Room (1)	137 m ²	—	72	6,530 yen	
Small Conference Room (2)	65 m ²	20	* Square arrangement	3,320 yen	
Small Conference Room (3)	90 m ²	24	* Circular arrangement (Seats are not removable)	4,430 yen	
Small Conference Room (4)	137 m ²	—	72	6,530 yen	(If partitioned into two rooms) 3,265 yen per room
Reception Room	79 m ²	10	* A set of reception room furniture is available.	7,270 yen	
Japanese-style room	263 m ²	110	* The Japanese-style room 99 tatami mats	12,710 yen	
Tea House	38 m ²	10	* The tea house has an adjacent 8-tatami utensil washing room.	1,830 yen	
Exhibition Room	228 m ²	50	—	11,660 yen 3,880 yen	If goods are sold If goods are not sold

* The use fees are estimated basic ones for weekdays (from 9:00 a.m. to 5:00 p.m.).

Incidental facilities	Organizers' waiting rooms, dressing rooms, rehearsal rooms, foyers, etc.
equipment	microphones(wireless and wired) , standing screens, DVD players, etc.

Equipment for persons with physical disabilities Lavatories with handrails, slopes, and elevators

- Parking lot** 114 passenger cars **Parking time** 8:00 a.m. to 10:30 p.m.
- Parking fees** 210 yen for the first hour and 100 yen for every additional 30 minutes
Nighttime fee: 630 yen (10:30 p.m. to 8:00 a.m. on the following morning)

- 4-1, Tsutsumimachi 1-chome, Aomori-shi, 030-0812
- Phone: 017-773-7300 Fax: 017-776-2066
- email: aobunspo@actv.ne.jp

Linkmore Heiankaku Hall (Aomori Civic Hall)

Access

- 3 minute walk from JR Aomori Station
- 10 minutes by taxi from JR Shin-Aomori Station
- 30 minutes by taxi from Aomori Airport
- 15 minutes by car from the Aomori Chuo Interchange



Hall



The Aomori Civic Hall can be used for the staging of cultural and artistic activities and as a place for cultural promotion and exchange. Various uses include corporate meetings, lectures, concerts, dances, and presentations.

Support for convention organizers

Application period 12 months to 7 days prior to the day of use **Available for use** 9:00 a.m. to 10:00 p.m.

Application method By phone, fax, or visiting the office

Closed Third Monday each month (If the Monday falls on a national holiday, the Hall will be closed on the following day)
Year-end and New Year holidays (December 29 to January 3 of the following year)
* Occasionally the Hall will temporarily be closed for maintenance, etc.

Conference room name	Area (㎡)	Capacity		(Weekday) Morning 9:00 a.m. to 12:00	(Weekday) Afternoon 1:00 p.m. to 5:00 p.m.	(Weekday) Nighttime 6:00 p.m. to 10:00 p.m.
		School arrangement	Theater arrangement			
Hall	—	—	989	20,490 yen	30,750 yen	38,280 yen
Rehearsal Room	93 ㎡	—	—	1,400 yen	1,980 yen	2,700 yen
Japanese-style Room	83 ㎡	—	—	1,100 yen	1,720 yen	2,090 yen
Conference Room (1)	95 ㎡	54	—	1,430 yen	2,020 yen	2,750 yen
Conference Room (2)	68 ㎡	36	—	870 yen	1,160 yen	1,750 yen
Conference Room (3)	72 ㎡	33	—	920 yen	1,230 yen	1,860 yen
		Square arrangement				
Conference Room (4)	30 ㎡	12		450 yen	630 yen	870 yen
Conference Room (5)	28 ㎡	12		420 yen	580 yen	810 yen
Conference Room (6)	24 ㎡	18		360 yen	500 yen	690 yen
Conference Room (7)	13 ㎡	6		190 yen	270 yen	370 yen

equipment(Hall) Open stage, sound reflecting panels, and various types of stage equipment, acoustic, and lighting equipment, Piano (concert grand), screens, video projectors, etc.

* Fees for use are weekday fees applicable if admission fees are not charged.

Equipment for persons with physical disabilities Multipurpose toilets and elevators

Parking lot Underground parking lot for 34 passenger cars
(* paid parking lots are available in the neighborhood)

Parking fees 9:00 a.m. to 10:00 p.m. (Cars can remain parked between 10:00 p.m. and 9:00 a.m. on the following day but cannot be brought in or out; an additional 630 yen will be charged for overnight parking.)

Parking time 210 yen for the first one hour plus 100 yen for each additional 30 minutes

- 2-14, Yanakawa 1-chome, Aomori-shi 038-0012
- Phone: 017-722-3770 Fax: 017-722-3771
- email: aobun_mi@space.ocn.ne.jp

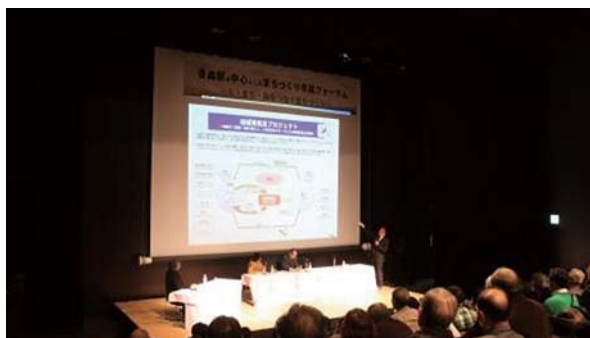
Wa Rasse Nebuta Museum

(Aomori City cultural, tourist, and exchange facilities)



Access

- 1-minute walk from JR Aomori Station
- 10 minutes by taxi from JR Shin-Aomori Station
- 40 minutes by taxi from Aomori Airport
- 20 minutes by car from Aomori Chuo Interchange



Located close to JR Aomori Station, Wa Rasse allows visitors to experience the Nebuta festival throughout the year. These facilities can be used for various events such as exchange and learning as well as for lectures. They include a restaurant where visitors can enjoy Aomori cuisine and a shop where they can buy specialties of the prefecture.

Events held in Wa Rasse in the past

August 25, 2013: Meeting of the International Wago Medical Academy (310 persons)

September 1, 2013: Seis Luna gathering to photograph costume players
(228 persons for seven sessions)

September 5, 2013: NTT DOCOMO Customer Service Contest (286 persons)

October 8, 2013: Uchida Yoko exhibition of IT solutions (346 persons; the third consecutive event)

October 17, 2013: Meeting of the Japanese Society for Radiation Oncology (220 persons)

October 20, 2013: Meeting of the Fuyokai medical corporation
(456 persons; the third consecutive event)

October 23, 2013: Meeting of the Aomori Prefecture Association of Nursing Teachers
(250 persons; the third consecutive event)

October 26, 2013: Northern Japan regional meeting of the Japanese Society of Pediatric Dentistry
(320 persons)

Many other events took place at Wa Rasse in the past.

Support for convention organizers

- Application period** Applications will be accepted 12 months in advance, with applications opening at 9:00 a.m. on the same date one year in advance (if the facilities are closed, applications will be accepted from the following day)
- Available for use** 9:00 a.m. to 10:00 p.m.
- Application method** By phone or visiting the office
- Closed** December 31 and January 1 (Wa Rasse may be closed temporarily to replace Nebuta floats on display)
- Internet** Internet access available.

Conference room name	Area (㎡)	Capacity		Use fee per day	Remarks
		School arrangement	Theater arrangement		
Event Hall	320㎡	—	180	17,200 yen	
Exchange and Learning Room (1)	141㎡	66	—	8,800 yen	All three rooms can be used together.
Exchange and Learning Room (2)	141㎡	66	—	8,800 yen	
Exchange and Learning Room (3)	113㎡	48	—	7,200 yen	
Multipurpose Room (1)	84㎡	36	—	4,800 yen	Both rooms can be used together.
Multipurpose Room (2)	132㎡	60	—	8,000 yen	

* All fees are estimated basic fees for use from 9:00 a.m. to 5:00 p.m.
(applicable if the facilities are used for non-commercial purposes without collecting admission fees).

Incidental facilities	Restaurant (1F), lobby (1F and 2F), information area (2F), and a shop (1F)
equipment	Temporary stage, stage equipment, lighting, audio-visual, and other various types of equipment

Equipment for persons with physical disabilities 2 wheelchairs, multipurpose toilets and an elevator

Parking lot 120 passenger cars with three additional spots for persons with physical disabilities; large buses can also be parked with advance reservations

Parking fees and time Passenger cars: 210yen for the first one hour plus 100 yen for each additional 30 minutes (8:30a.m.-10:00pm) 630yen for overnight parking (10:00p.m.-8:30a.m.)

* Buses: 1,050yen for the first one hour plus 500yen for each additional 30 minutes and 3,150yen for overnight parking.

* Parking large and medium-sized buses requires advance reservations.

* Cars can enter the parking lot between 8:30a.m. and 10:00p.m. They can brought at any time 24 hours a day.

- 1-1, Yasukata 1-chome, Aomori-shi 030-0803
- Phone: 017-752-1311 Fax: 017-752-1312
- email: warasse0@jomon.ne.jp

ASPAM (Aomori Prefecture Tourist Center)

Access

- 8-minute walk from JR Aomori Station
- 10 minutes by taxi from JR Shin-Aomori Station
- 40 minutes by taxi from Aomori Airport
- 20 minutes by car from Aomori Chuo Interchange



The 15-story, 76-meter-high equilateral triangular building of ASPAM was designed to resemble the first letter "A" of "Aomori." In addition to one of the prefecture's largest shops selling its specialties, a panoramic movie theater, and an observatory, the tourist center boasts a full array of facilities, including a restaurant with a panoramic view and one that offers local cuisine.

Events held at the facilities in the past

May 15, 2010	242nd Tohoku Regional Meeting of the Japanese Urological Association (185 persons)
September 26, 2011	The 25th Convention of Japan Older Persons in Aomori (408 persons)
July 4-5, 2012	FY2012 Tohoku Branch Meeting of the Japanese Society of Soil Science and Plant Nutrition
October 26, 2012	Meeting of the Board of Directors for the 65th National Meeting of the Japan Society for Information and Management (21 persons)
June 14-15, 2013	Aomori Session of the 40th National Meeting on Medical Research (100 persons)
August 30-31, 2013	97th Tohoku Regional Meeting of the Japanese Respiratory Society (155 persons)
September 1, 2013	3rd Annual Conference of the Japan Primary Care Association Sessions of the Academic Meeting of the Tohoku Chapter (320 persons)
September 14, 2013	166th Tohoku Meeting of Surgeons
September 14, 2013	92nd Tohoku Regional Meeting of the Japanese Association for Thoracic Surgery
September 14, 2013	81st Tohoku Regional Meeting of the Japanese Society of Pediatric Surgeons
September 14, 2013	Tohoku Regional Meeting of the Japanese Society for Vascular Surgery

Support for convention organizers

Application start date Six months prior to the day of use, on the first day of the month

Available for use 9:00 a.m. to 9:00 p.m.

Closed December 31
Monday to Wednesday in the fourth week of January

Application method By phone or fax

Conference room name	Area (m ²)	Capacity		Use fee	Remarks
		School arrangement (three persons per desk)	School arrangement (two persons per desk)		
Event Hall, 1F	300m ²	—	—	108,000 yen	Event space
Aoi Mori Hall, 2F	300m ²	—	—	* Consultation required	Event space
Towada, 4F	190m ²	144	96	34,560 yen	
Oirase, 4F	150m ²	108	72	23,900 yen	
Asunaro, 5F	195m ²	156	104	35,590 yen	
Hakucho, 5F	145m ²	96	64	23,900 yen	
Natsudomari, 5F	30m ²	18	12	8,230 yen	
Hakkoda, 6F	168m ²	120	80	24,950 yen	
Iwaki, 6F	120m ²	72	48	21,600 yen	
Hamanasu, 7F	40m ²	24	16	11,330 yen	
Shirakami, 8F	120m ²	60	40	21,600 yen	
Tsugaru, 9F	104m ²	60	40	19,540 yen	
Nambu, 9F	80m ²	48	32	17,490 yen	

* fees for use from 9:00 a.m. to 5:00 p.m.

Incidental facilities	Restaurants: Lounge Century at ASPAM (1F), Local cuisine Michinoku Restaurant Nishimura (10F), and Dining Café Hanaaf (14F)
equipment	Acoustic systems, screens, projectors, hanging signboards, etc.

Equipment for persons with physical disabilities Toilets with handrails, elevators

Parking lot 150 passenger cars and 12 buses

Parking fees 220 yen for the first one hour plus 110 yen for each additional 30 minutes

Parking time Open 24 hours a day (9:00 a.m. to 6:00 p.m. for buses)

Arrangements for receptions Restaurants on 10F and 14F provide catering services.

- 1-40, Yasukata 1-chome, Aomori-shi 030-0803
- Phone: 017-735-5311 Fax: 017-735-2067



Restaurant

Aomori City Gender Equality Plaza (Kadaru)

Access

- ☐ 1-minute walk from JR Aomori Station
- ☐ 10 minutes by taxi from JR Shin-Aomori Station
- ☐ 40 minutes by taxi from Aomori Airport
- ☐ 15 minutes by car from Aomori Chuo Interchange



Audiovisual multifunctional hall

Located close to JR Aomori Station, the Plaza is situated on the fifth floor of a complex called "AUGA," which also has stores, a library, and other establishments. The audiovisual multifunctional hall, which accommodates 300 persons, can be used for purposes such as lectures and movie previews. In the fresh-food market in Basement 1, there is a restaurant where visitors can enjoy a meal while listening to the live performance of Tsugaru samisen. Next to this complex is the AUGA parking lot.

Support for convention organizers

- Application start date** One year prior to the day of use
- Available for use** 9:00 a.m. to 10:00 p.m.
- Application method** At the office or by fax
- C l o s e d** Second Wednesday of each month
- Special note** Eating and drinking are prohibited in the audiovisual multifunctional hall.

Conference room name	Area (㎡)	Capacity		Use fees			
		School arrangement	Theater arrangement	9:00 a.m. to 1:00 p.m.	1:00 p.m. to 6:00 p.m.	6:00 p.m. to 10:00 p.m.	All day
Audiovisual Multifunctional Hall	336㎡	—	300	3,300 yen (1 hour)	3,800 yen (1 hour)	5,000 yen (1 hour)	36,000 yen
Training room	130㎡	80	—	900 yen (1 hour)	1,100 yen (1 hour)	1,400 yen (1 hour)	10,400 yen

* Use fees are basic fees applicable if the hall is used for non-commercial purposes without charging admission fees.

Incidental facilities	AUGA fresh-food markets and restaurants (B1F) and the Aomori City Library (6F-8F)
equipment	For details please contact the hall.

Equipment for persons with physical disabilities Toilets for ostomates and persons with physical disabilities

- Parking lot** 522 cars
- Parking time** 5:00 a.m. to 11:00 p.m.
- Parking fees** 110 yen for the first 30 minutes plus 100 yen for each additional 30 minutes



- AUGA 5F, 3-7, Shinmachi 1-chome, Aomori-shi 030-0801
- Phone: 017-776-8800 Fax: 017-776-8828

Aomori Sangyo Kaikan (Industrial Exhibition Hall)

Access

- ☐ 40 minutes by bus from JR Aomori Station
- ☐ 25 minutes by taxi from JR Shin-Aomori Station
- ☐ 20 minutes by taxi from Aomori Airport
- ☐ 3 minutes by car from Aomori Chuo Interchange
- ☐ 15 minutes by car from Aomori Interchange



Exhibition hall

Aomori Sangyo Kaikan opened in 1990 as Aomori Prefecture's only all-weather hall dedicated to special events. With no pillars in its exhibition hall, it offers an easy-to-use exhibition space. The surface of the concrete floor is finished with asphalt, enabling the floor to withstand a load of up to 5 tons/m². The facility is well-received because large vehicles can enter the hall, making it easy to prepare for setup, bring exhibits into the hall, and remove them. Inquiries about special events and other plans will be welcomed.

Support for convention organizers

- Application start date** Applications for reservations are accepted one year prior to the day of use.
- Available for use** 9:00 a.m. to 9:00 p.m.
- Application method** Inquiries by phone are accepted between 9:00 a.m. and 5:00 p.m.
- Special note** * Fire must not be used in the exhibition hall.
- C l o s e d** December 28 to January 3 of the following year

Conference room name	Area (㎡)	Capacity		Use fee (1 day)	Remarks
		School arrangement	Theater arrangement		
Exhibition hall (Use of the entire hall)	2,596 ㎡	—	2,000	435,750 yen	All day 9:00 a.m. to 9:00 p.m.
Exhibition hall (Use of 2/3 of the hall)	1,527.9 ㎡	—	—	268,800 yen	
Exhibition hall (Use of 1/2 of the hall)	1,298 ㎡	—	1,000	239,400 yen	
Exhibition hall (Use of 1/3 of the hall)	1,068.1 ㎡	—	—	205,800 yen	
Conference Room (1)	20 ㎡	8	—	1,554 yen	
Conference Room (2)	20 ㎡	8	—	1,554 yen	
Conference Room (3)	20 ㎡	8	—	1,554 yen	
Conference Room (4)	20 ㎡	8	—	1,554 yen	
Waiting Room (1)	31.5 ㎡	6	—	2,446 yen	
Waiting Room (2)	19 ㎡	2	—	1,470 yen	
Waiting Room (3)	11 ㎡	4	—	840 yen	

equipment Long desks, chairs, partition panels, removable stage, fire extinguishers, cloth, red-and-white curtains, podium, MC's stand, telephone sets, etc.

- Equipment for persons with physical disabilities** Toilets
- Parking lot** 250 passenger cars
- Parking time** 9:00 a.m. to 9:00 p.m.
- Parking fees** Free of charge

- 4-1, Dainitonyamachi 4-chome, Aomori-shi 030-0113
- Phone: 017-739-1811 Fax: 017-739-1800
- email: info@sangyokaikan.com





Restaurant

Prefectural Welfare Plaza

Access

- 10 minutes by taxi or 15 minutes by bus from JR Aomori Station
- 15 minutes by taxi from JR Shin-Aomori Station
- 40 minutes by taxi from Aomori Airport
- 20 minutes by car from Aomori Chuo Interchange



The Prefectural Welfare Plaza ("Kenmin Fukushima Plaza") presents model houses and welfare equipment for aged persons and persons with disabilities. It also collects and provides information on social welfare and offers facilities for social welfare training and meetings.

Support for convention organizers

Application period More than seven days prior to the day of use **Available for use** 9:00 a.m. to 9:00 p.m.

Application method Make reservations via phone, etc. and submit a prescribed "Application for Use."

C l o s e d Third Monday of each month
December 29 to January 3 of the following year

December 27 to January 3 of the following year					
Conference room name	Area (㎡)	Capacity		Use fee	Remarks
		School arrangement	Theater arrangement		
Prefectural Hall	829.46㎡	—	350	3,900 yen/hour	* The fee will be reduced to half if the hall is used by social welfare corporations or similar.
Large Training Room	180.55㎡	100	—	1,200 yen/hour	
Medium-sized Training Room	139.54㎡	75	—	910 yen/hour	
Small Training Room	49.9㎡	24	—	320 yen/hour	
Multipurpose Room 2A	91.69㎡	50	—	900 yen/hour	
Multipurpose Room 2B	56.25㎡	24	—	370 yen/hour	
Multipurpose Room 3B	57.07㎡	30	—	380 yen/hour	
Multipurpose Room 3C	39.82㎡	19 tatami mats		260 yen/hour	
Multipurpose Room 4A	91.32㎡	40	—	590 yen/hour	
Multipurpose Room 4B	90.14㎡	45	—	590 yen/hour	
Incidental facilities	Welfare equipment exhibition area, model house area, Tsubomi restaurant for snacks and beverages, coin-operated lockers, lecturers' waiting rooms, children's rooms, public waiting room, and cooking training room				
equipment	Projectors, screens, and group hearing-aid systems (Prefectural Hall)				

Equipment for persons with physical disabilities Toilets, 4 wheelchairs, braille blocks, and elevators

Parking lot 75 cars

Parking time 9:00 a.m. to 9:00 p.m.

Parking fees Free of charge

- 20-30, Chuo 3-chome, Aomori-shi, 030-0822
- Phone: 017-777-9191 Fax: 017-777-0013



Restaurant

Aomori Prefectural Community Education Center

Access

- 20 minutes by taxi or 30 minutes by bus from JR Aomori Station
- 15 minutes by taxi from JR Shin-Aomori Station
- 15 minutes by taxi from Aomori Airport
- 20 minutes by car from Aomori Chuo Interchange



The Aomori Prefectural Community Education Center provides various training rooms to cater to all needs from large training events to learning activities by small groups and clubs. It can be used for a wide range of events such as lectures and training sessions.

Support for convention organizers

Application period Make tentative reservations at the office or via phone and submit an application more than one week prior to the day of training.

Application method Applications will be accepted at the office and via phone, fax, or email.

C l o s e d The fourth Monday of each month and year-end and New Year holidays (December 29 to January 3)

Available for use 9:00 a.m. to 7:00 p.m.
(* The use time can be extended to 9:00 p.m.)

Special notes All applicants must submit certain documents when they use the Center for the first time. They also need to attach the main purpose of their organization to the application every time they use the Center.

Conference room name	Area (㎡)	Capacity		Use fee	Remarks	
		School arrangement	Theater arrangement			
Large Training Room	432.30 ㎡	—	312	3,400 yen/hour	* The use fee is per hour. It will be increased if lecture fees are collected.	
Training Room 1	181.44 ㎡	120	—	1,200 yen/hour		
Training Room 2	58.50 ㎡	18	—	340 yen/hour		
Training Room 3	60.84 ㎡	26	—	340 yen/hour		
Training Room 4	39.36 ㎡	12	—	220 yen/hour		
Training Room 5	80.34 ㎡	48	—	580 yen/hour		
Training Room 6	78.00 ㎡	36	—	580 yen/hour		
Training Room 7	39.00 ㎡	16	—	220 yen/hour		
Training Room 8	79.64 ㎡	18	—	580 yen/hour		
Training Room 9	80.34 ㎡	20	—	580 yen/hour		
Training Room 10	78.00 ㎡	20	—	580 yen/hour		
Workshop 1	64.28 ㎡	16	—	450 yen/hour		
Workshop 2	111.65 ㎡	16	—	810 yen/hour		
Japanese-style Room	119.83 ㎡	80	—	810 yen/hour		
Cooking Training Room	80.34 ㎡	16	—	580 yen/hour		
Multipurpose Training Room 1	203 ㎡	—	—	1,500 yen/hour		
Multipurpose Training Room 2	80.34 ㎡	20	—	580 yen/hour		
Incidental facilities	Restaurant Printemps, lecturer's room, kids playroom, and the health center					
equipment	Sound and lighting systems, screens, projectors, and hanging signboards					

Equipment for persons with physical disabilities Lavatories with handrails, an elevator and 2 wheelchairs

Parking lot 200 passenger cars and 4 large buses

Parking time 9:00 a.m. to 9:00 p.m.

Parking fees Free of charge (Only users of the Center's facilities can use the parking lot.)

- 119-7, Fujito, Arakawa, Aomori-shi, 030-0111
- Phone: 017-739-1251 Fax: 017-739-2570
- email: alis02@jomon.ne.jp

Apio Aomori

Access

- 10 minutes by taxi from JR Aomori Station
- 15 minutes by taxi from JR Shin-Aomori Station
- 30 minutes by taxi from Aomori Airport
- 15 minutes by car from Aomori Chuo Interchange



Apio Aomori provides a base to help prefectural residents with their various activities with the aim of realizing a gender-equality society in which all people, including men and women, the elderly and children, are respected as individuals and child care support is provided. "Apio" is a Latin word which means "connect" and "meet."

Support for convention organizers

Application period	Six months to seven days prior to the day of use	Available for use	Weekday (9:00 a.m. to 9:00 p.m.) Sunday and national holidays (9:00 a.m. to 5:00 p.m.)
Application method	Bring an application for rental use to the Apio office or send it by fax.	Special note	Information library and children's library Weekdays (9:00 a.m. to 7:00 p.m.), Sunday and national holidays (9:00 a.m. to 5:00 p.m.), Playroom (9:00 a.m. to 5:00 p.m.)
C l o s e d	Wednesday Year-end and New Year holidays (December 29 to January 3 of the following year)		

Conference room name	Area (㎡)	Capacity		Usage fees (1 hour)	Remarks
		School arrangement	Theater arrangement		
Event Hall	288.2 ㎡	—	234	2,670 yen	Basic fee applicable if admission fees are not charged.
Large Training Room (1)	163.7 ㎡	90	—	1,020 yen	
Large Training Room (2)	166.2 ㎡	90	—	1,020 yen	
Small Training Room (1)	57.8 ㎡	27	—	380 yen	
Small Training Room (2)	58.5 ㎡	27	—	380 yen	
Small Training Room (3)	54.0 ㎡	27	—	330 yen	
Japanese-style Training Room (10 tatami mats)	40.0 ㎡	—	—	230 yen	
Health Center	118.9 ㎡	36	—	780 yen	

Incidental facilities	Workshop, cooking training room, lecturers' waiting room, dressing room, breast-feeding room, day care center, playroom, information library, children's library, working room, administrative offices for organizations, group activity room, etc.
equipment	Projectors (including portable ones), screens, exhibition panels, display boards, chairs, desks (for reception and conferences), microphones (wireless, pin, and cable), etc.

Equipment for persons with physical disabilities	2 multipurpose toilets, 2 wheelchairs, and 2 elevators
Parking lot	About 90 cars
Parking fees	Free of charge
Parking time	Weekday: 9:00 a.m. to 9:00 p.m. Sunday and national holidays: 9:00 a.m. to 5:00 p.m.

- 17-1, Chuo 3-chome, Aomori-shi 030-0822
- Phone: 017-732-1010 Fax: 017-732-1073

Heartpia Rofuku Aomori (Heartpia Aomori Labor Welfare Center)



Access

- 20-minute walk, 5 minutes by taxi or 10 minutes by bus from JR Aomori Station
- 15 minutes by taxi from JR Shin-Aomori Station
- 35 minutes by taxi from Aomori Airport
- 15 minutes by car from Aomori Chuo Interchange



Situated in the urban district of Aomori, Heartpia Rofuku Aomori is conveniently located and can be used for conferences, training, and lectures.

Support for convention organizers

Application start date	Six months prior to the day of use	Available for use	9:00 a.m. to 9:00 p.m.
Application method	Via phone or fax	I n t e r n e t	Available
C l o s e d	August 13-16 and December 29 to January 3 of the following year		

Conference room name	Area (㎡)	Capacity		Usage fees (1 day)	Remarks
		School arrangement	Square arrangement		
Large Conference Room (A)	307 ㎡	216	72	Weekdays: 49,572 yen for 9:00 a.m. to 9:00 p.m. Saturday, Sunday, and national holidays: 55,620 yen for 9:00 a.m. to 9:00 p.m.	Additional fee will be charged for equipment such as microphones.
Large Conference Room	122 ㎡	72	42	Weekdays: 29,808 yen for 9:00 a.m. to 9:00 p.m. Saturday, Sunday, and national holidays: 33,372 yen for 9:00 a.m. to 9:00 p.m.	Additional fee will be charged for equipment, etc.
Medium-sized Conference Room	85 ㎡	42	36	Weekdays: 18,792 yen for 9:00 a.m. to 9:00 p.m. Saturday, Sunday, and national holidays: 20,952 yen for 9:00 a.m. to 9:00 p.m.	Additional fee will be charged for fixtures, etc.

Incidental facilities	Restaurant Shamowa
equipment	Acoustic and lighting systems, screens, projectors, hanging signboards, etc.

Equipment for persons with physical disabilities	Toilet with handrails and elevator
Parking lot	About 20 passenger cars (including one spot for persons with disabilities)
Parking fees	Free of charge
Parking time	9:00 a.m. to 9:00 p.m.



- 3-11, Honcho 3-chome, Aomori-shi 030-0802
- Phone: 017-775-3751 Fax: 017-775-3752
- email: aorofuku@heartpiarofuku-aomori.com

Aomori-ken Nogyo Kyosai Kaikan

Access

- 20-minute walk or 5 minutes by taxi from JR Aomori Station
- 15 minutes by taxi from JR Shin-Aomori Station
- 30 minutes by taxi from Aomori Airport
- 15 minutes by car from Aomori Interchange



While Aomori-ken Nogyo Kyosai Kaikan is located in the easily accessible center of the city, its environment is quiet. It has a set of elegant furnishings and equipment that harmonize Japanese and Western styles.

Events held at the facility in the past

Examinations conducted by the Life Insurance Association of Japan (Large Hall: The number of participants was 60)

Support for convention organizers

Application start date One year prior to the day of use (tentative reservations)

Available for use 9:00 a.m. to 5:00 p.m.

Application method By phone

C l o s e d Saturday, Sunday, and national holidays

Conference room name	Area (㎡)	Capacity		Usage fees (1 day)	Remarks
		School arrangement	Theater arrangement		
Large Hall	280 ㎡	250	—	42,000 yen	
Medium-sized Conference Room	100 ㎡	50	—	16,300 yen	
Special Conference Room	60 ㎡	20	—	13,100 yen	
Small Conference Room	39 ㎡	16	—	13,600 yen	

Incidental facilities Lobby (1F)

equipment Acoustics

* Use fees are estimated basic ones for use from 9:00 a.m. to 5:00 p.m.

Parking lot Not available



- 5-21, Honcho 5-chome, Aomori-shi 030-0802
- Phone: 017-775-1161 (main) Fax: 017-775-1170

Aomori Public University



Access

- 25 minutes by taxi from JR Aomori Station
- 35 minutes by taxi from JR Shin-Aomori Station
- 25 minutes by taxi from Aomori Airport
- 15 minutes by car from Aomori Chuo Interchange



Aomori Public University has a full array of equipment and facilities in its spacious campus. Its varied natural settings change their look from season to season. It is proud of its perfect location and its modern architecture that harmonizes with Mother Nature.

Support for convention organizers

Application start date Reservations can be made from one year prior to the day of use.

Available for use 9:00 a.m. to 9:00 p.m.

Application method Submit the prescribed application form to the administrative office of the University.

C l o s e d Year-end and New Year holidays and other days designated by the University

Conference room name	Area (㎡)	Capacity		Usage fees (1 day)	Remarks
		School arrangement	Square arrangement		
Auditorium	1,935.67 ㎡	—	768	39,750 yen	varies according to the days of the week and time periods
Exchange Hall	330 ㎡	300	—	17,070 yen	

Incidental facilities Restaurant (student cafeteria open only on weekdays), café ("Ban" open only on weekdays), and dressing rooms

equipment Acoustic and lighting systems, screens, projectors, hanging signboards, piano, raised platforms, etc.

* Use fees are estimated basic ones for use on weekdays (9:00 a.m. to 5:00 p.m.).

Equipment for persons with physical disabilities Slopes, elevators, and toilets

Parking lot 400 passenger cars

Parking time Available all day

Parking fees Free of charge



Exchange Hall

- 153-4, Yamazaki, Goshizawa, Aomori-shi 030-0134
- Phone: 017-764-1555 (main) Fax: 017-764-1544
- email: wwwadmin@nebuta.ac.jp



Restaurant

Aomori University of Health and Welfare

Access

- 10-minute walk from Aomori Railway Higashi Aomori Station or Koyanagi Station
- 20 minutes by taxi from JR Aomori Station
- 30 minutes by taxi from JR Shin-Aomori Station
- 30 minutes by taxi from Aomori Airport
- 15 minutes by car from Aomori Chuo Interchange



Aomori University of Health and Welfare opens facilities in its premises to the public for fees unless doing so hinders its educational and research activities. Lecture, conference, and other rooms can be used to hold lectures, academic meetings, international conferences, and other events.

Support for convention organizers

- Application period** One year prior to the day of use **Available for use** 9:00 a.m. to 10:00 p.m.
- Application method** At the office or by fax **C l o s e d** Second Wednesday of each month
- Special note** Eating and drinking are prohibited in the audiovisual multifunctional hall.

Conference room name	Area (㎡)	Capacity	Usage fees				Remarks
			May to October		November to April		
			4 hours or more	4 hours or less	4 hours or more	4 hours or less	
Auditorium	—	482	125,300 yen	62,650 yen	128,140 yen	64,070 yen	
Large lecture room in Building A	—	202	23,400 yen	11,700 yen	24,500 yen	12,250 yen	
Large lecture room in Building A	—	132	9,720 yen	4,860 yen	10,580 yen	5,290 yen	
Medium-sized lecture room in Building A	—	120	14,980 yen	7,490 yen	15,700 yen	7,850 yen	
Lecture room in Building B	—	91	12,560 yen	6,280 yen	13,200 yen	6,600 yen	
Medium-sized lecture room in Building C	—	88	8,240 yen	4,120 yen	8,960 yen	4,480 yen	

* In addition to the facilities listed above, various types of lecture rooms are available. Consult with the University according to the number of participants expected.

* For details of rental, see the University's website.

Incidental facilities	Exchange center (student cafeteria; in principle, weekdays only), the library annex, the gymnasium, and outdoor sports facilities
equipment	Acoustic, lighting, and other types of equipment

- Equipment for persons with physical disabilities** Toilets and elevators
- Parking lot** Parking lots are available. (Please use public transport if possible as parking space is limited.)
- Parking time** 8:00 a.m. to 9:00 p.m. **Parking fees** Free of charge

- 58-1, Mase, Hamadate, Aomori-shi 030-8505
- Phone: 017-765-2005 Fax: 017-765-2188

Aomori University

Access

- 20 minutes by taxi or 40 minutes by bus from JR Aomori Station
- 30 minutes by taxi from JR Shin-Aomori Station
- 20 minutes by taxi from Aomori Airport
- 10 minutes by car from Aomori Chuo Interchange



Support for convention organizers

- Application start date** One year prior to the day of use **Available for use** 9:00 a.m. to 5:00 p.m.
- Application method** Apply for rental using the prescribed form. **C l o s e d** Year-end and New Year holidays
- Special note** The University rents its facilities on Sundays and national holidays as well as during the summer and winter vacations unless doing so hinders its school schedules.

Conference room name	Area (㎡)	Capacity		Usage fees (1 hour)	Remarks
		School arrangement	Square arrangement		
Memorial Hall in Building 6	578.72 ㎡	—	522	4,000 yen/hour	
New wing of the Library Audio-visual rooms	166.68 ㎡	—	121	1,100 yen/hour	

* The fees are approximate measures of basic weekday (from 9:00 a.m. to 5:00 p.m.) usage fees.

equipment	Projectors, screens and pianos
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- Equipment for persons with physical disabilities** Toilets, stairlift and elevators
- Parking lot** Student parking lot: 270 cars **Parking time** 8:00 a.m. to 5:00 p.m.
- Parking fees** Free of charge



- 3-1, Kobata 2-chome, Aomori-shi 030-0943
- Phone: 017-738-2001 Fax: 017-738-0143
- email: jimukyoku@aomori-u.ac.jp

Hotel Aomori



Access

- 5 minutes by taxi or 10 minutes by bus from JR Aomori Station
- 20 minutes by taxi from JR Shin-Aomori Station
- 25 minutes by taxi from Aomori Airport
- 15 minutes by car from Aomori Chuo Interchange



"Kujaku" Hall



Hotel Aomori is located in the central part of Aomori city, providing facilities and services which you can trust as a base for tourism and business. We have hosted various conventions.

Past experience in hosting conventions

Medical conferences, international, national and Tohoku Regional conventions, etc. Please refer to our website for more details.

Support for convention organizers

Application start date Any time

Available for use 9:00 a.m. to 9:00 p.m.

Application method By phone, fax, email

Closed Open throughout the year

Internet Available

Conference room name	Area (m ²)	Capacity				Usage fees	Remarks
		School arrangement	Theater arrangement	Banquet (dinner)	Stand-up style (buffet)		
"Kujaku" Hall	1,117 m ²	900	1,500	840	1,200	Meeting 207,900 yen per hour Party 103,950 yen per 2.5 hours	Payment in 2 installments available.
"Asunaro" Hall, "Hamanasu" Hall	446 m ²	250	420	200	300	Meeting 92,400 yen per hour Party 46,200 yen per 2.5 hours	Payments in 4 installments available.
"Uto" Hall	275 m ²	120	200	130	150	Meeting 57,750 yen per hour Party 28,875 yen per 2.5 hours	Payments in installments unavailable.
"Kinkai" Hall	266 m ²	130	240	120	150	Meeting 46,200 yen per hour Party 23,100 yen per 2.5 hours	Payment in 2 installments available.
"Momo" Hall, "Sakura" Hall, "Tsubaki" Hall	"Momo" 42 m ² "Sakura" 8 m ² "Tsubaki" 46 m ²	18	35	20	25	Meeting 4,620 yen per hour Party 4,620 yen per 2.5 hours	Payment in 2 installments available.

Incidental facilities Café restaurant "Swan", Japanese restaurant "Michinoku", Sky banquet "Le Bois"

equipment Projector, TV monitor, screen, video, sound mixer, CD/DVD player, karaoke, etc.

Equipment for persons with physical disabilities Slope at the front entrance, handrails on the stairs between outside parking and the entrance to the building, wheelchairs accessible toilets

Parking lot 6 buses, 100 passenger cars

Parking fees 600 yen per vehicle per night for guests with room reservations

Support for receptions

The halls are available for the use for various parties, exhibitions, meetings and seminars.



- 1-23, Tsutsumimachi 1-chome, Aomori-shi 030-0812
- Phone: 017-775-4141 Fax: 017-773-5201
- email: info@hotelaomori.co.jp

Aomori Kokusai Hotel



Access

- ☐ 5-minute walk, 1 minute by taxi from JR Aomori Station
- ☐ 20 minutes by taxi from JR Shin-Aomori Station
- ☐ 25 minutes by taxi from Aomori Airport
- ☐ 15 minutes by car from Aomori Chuo Interchange



Aomori Kokusai Hotel is just a 5-minute walk from Aomori Station. It is located near government offices and the shopping district, making it perfect for both business and leisure travelers. The hotel is also convenient for souvenir shopping as it is next to a famous morning market.

Support for convention organizers

Application start date	Any time	Available for use	9:00 a.m. to 10:00 p.m.
Application method	By phone, website	Closed	Open throughout the year
Internet	Available	* Please contact if you would like to discuss the time of use.	

Conference room name	Area (㎡)	Capacity				Usage fees	Remarks
		School arrangement	Theater arrangement	Banquet (dinner)	Stand-up style (buffet)		
2F Shunju Hall	290 ㎡	210	300	—	—	60,000 yen per hour	
3F Manyo Hall	540 ㎡	330	700	—	—	100,000 yen per hour	*1
3F Kujaku Hall	250 ㎡	150	230	—	—	50,000 yen per hour	*1
5F Fuyo Hall	200 ㎡	100	200	—	—	40,000 yen per hour	
5F Kinougi Hall	44 ㎡	—	—	20	35	10,000 yen per hour	
5F Ginougi Hall	44 ㎡	20	35	—	—	10,000 yen per hour	
Annex Mutsu Bay	80 ㎡	50	70	—	—	15,000 yen per hour	
Annex Festa Musee	90 ㎡	40	50	—	—	15,000 yen per hour	

*1 Possible to partition into two rooms

* There is additional service charge and tax.

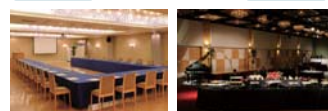
Incidental facilities	Café kukka, Chinese restaurant "Kicchun", Japanese restaurant "Wakamizutei"
equipment	Projector, TV monitor, screen, video, sound mixer, CD/MD player, karaoke, etc.

Equipment for persons with physical disabilities Toilets, wheelchairs and elevators

Parking lot 90 cars

Parking fees

* Please note that parking is limited.
 ◇ Parking for a party, conference or wedding: Free for the first 4 hours
 100 yen for each additional 30 minutes
 ◇ Parking if using the restaurant: Free for the first 2 and half hours
 100 yen for each additional 30 minutes
 ◇ Parking for hotel guests (one night): 500 yen until 11:30 a.m. on the following morning
 100 yen for each additional 30 minutes



- 6-18, Shinmachi 1-chome, Aomori-shi, 030-0801
- Phone: 017-722-4321 Fax: 017-735-2662
- email: ak-fodbev@kokusai-hotel.co.jp

Aomori Washington Hotel



Access

- ☐ About 15-minute walk or 3 minutes by taxi from JR Aomori Station
- ☐ About 15 minutes by taxi from JR Shin-Aomori Station
- ☐ About 30 minutes by taxi from Aomori Airport
- ☐ About 15 minutes by car from Aomori Chuo Interchange



The hotel is conveniently located in the busy (restaurant) area in the center of the city, perfect for business and sightseeing. The hotel is also suitable for small meetings, seminars and exhibitions. It is one of the highest-capacity hotels in the city, mostly with single rooms, but is able to cater to various needs as the upper floors have been renovated to accommodate more twin rooms.

Support for convention organizers

Application start date	Any time	Available for use	9:00 a.m. to 9:00 p.m. (Consultation required for out of service hours)
Application method	By phone, fax or mail	Closed	The event rooms are closed at the end / beginning of the year. Accommodation available throughout the year.
Internet	Available		

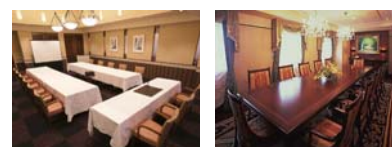
Conference room name	Area (㎡)	Capacity			Usage fees (1 day)	Remarks
		School arrangement	Theater arrangement	Square arrangement		
Banquet hall "Champs-Élysées" Business center	52 ㎡	30	50	—	10,000 yen (excluding tax)	Meeting room discount available if used in conjunction with banquet
"Special meeting room"	40 ㎡	—	—	12	5,000 yen (excluding tax)	

Incidental facilities	"Sanjusangendo" Izakaya restaurant serving local sake and hot pot
equipment	Whiteboard, microphone, projector, screen, DVD player, TV monitor

Equipment for persons with physical disabilities Elevators, and toilets with handrails

Parking lot 55 passenger cars / 4 large buses

Parking fees Hotel guest: 700 yen per night (12:00 p.m. to 12:00 p.m. on the following day)
 Meetings: free up to 3 hours
 Restaurants: free up to 2 hours for lunch and 3 hours for dinner
 *200 yen for each additional hour



- 1-26, Honcho 2-chome, Aomori-shi, 030-0802
- Phone: 017-775-7111 Fax: 017-775-7181
- email: frontend@aomori-wh.com

Apple Palace Aomori

Access

- ☐ 5 minutes by taxi from JR Aomori Station
- ☐ 20 minutes by taxi from JR Shin-Aomori Station
- ☐ 30 minutes by taxi from Aomori Airport
- ☐ 15 minutes by car from Aomori Chuo Interchange



Apple Palace Aomori is located close to the cultural center where various conventions and events are held, and offers guests easy access to government offices and shopping malls.

Support for convention organizers

- Application start date Any time Available for use 9:00 a.m. to 9:00 p.m.
- Application method By phone, at the hotel reception **C l o s e d** Open throughout the year
- I n t e r n e t** Available * Please contact if you would like to discuss the time of use.

Conference room name	Area (㎡)	Capacity		Usage fees (1 day)	Remarks
		School arrangement	Theater arrangement		
A large hall "Nebuta Hall"	390 ㎡	270	400	500,000 yen	Additional tax and service charges apply.
Japanese style banquet hall "Apple Hall"	87 ㎡	—	—	150,000 yen	
Medium size meeting room "Marriage"	60 ㎡	32	60	120,000 yen	
Small meeting room "Nishiki"	39 ㎡	18	40	60,000 yen	

*Usage fees shown are standard charges from 9:00 a.m. to 5:00 p.m. on weekdays.

Incidental facilities	Restaurant "Epice", Japanese restaurant "Kyoasai"
equipment	Screen, projector

Equipment for persons with physical disabilities Toilet, universal design guest rooms

Parking time All day *Please note that parking is limited.

Parking lot 4 buses, 66 passenger cars

Parking fees 200 yen per hour/ 500 yen for guests at the hotel/ free of charge when you attend a convention



- 1-5, Honcho 5-chome, Aomori-shi 030-0802
- Phone : 017-723-5600 Fax : 017-723-4255
- email : info@apple-palace.com

ALASKA (HOTEL ABEST AOMORI)

Access

- ☐ 5-minute walk from JR Aomori Station
- ☐ 20 minutes by taxi from JR Shin-Aomori Station
- ☐ 25 minutes by taxi from Aomori Airport
- ☐ 15 minutes by car from Aomori Chuo Interchange



ALASKA (HOTEL ABEST AOMORI) is located a 5 minute walk from JR Aomori Station. We have 8 banquet halls of large, medium and small sizes and appropriate equipment to suit your needs. There are package plans including accommodation for those using meeting rooms which are also available for training (workshops) that run across multiple days. There is a sushi restaurant at the lower level which serves local seafood at a reasonable price. You can also enjoy a la carte dishes with drinks at the restaurant.

Support for convention organizers

- Application start date Any time Available for use 9 : 00 a.m. to 9 : 00 p.m., etc.
- Application method By phone, fax and Internet **C l o s e d** August 13, December 31 to January 1 of the following year
- I n t e r n e t** Available (charges apply)

Conference room name	Area (㎡)	Capacity		usage fees (1 day)	Remarks
		School arrangement	Theater arrangement		
Diamond	412 ㎡	306	360	350,000 yen	Tax and services charges not included.
Pearl	75 ㎡	45	60	70,000 yen	
Emerald	250 ㎡	180	180	210,000 yen	
Ruby	55 ㎡	24	30	35,000 yen	
Garnet	100 ㎡	68	80	84,000 yen	
Crystal	57 ㎡	24	40	35,000 yen	
Sapphire	314 ㎡	225	240	245,000 yen	
Topaz	61 ㎡	36	50	35,000 yen	

*Usage fees shown are standard charges from 9:00 a.m. to 5:00 p.m. on weekdays.

Incidental facilities	Sushi restaurant "Asuka" Shinmachi branch
equipment	Acoustics, projector, screen, DVD player, hanging signboard, etc.

Equipment for persons with physical disabilities Toilet, elevator, etc.

Parking lot 60 passenger cars (There are many paid parking lots in surrounding areas.)

Parking fees 210 yen for the first one hour plus 100 yen for each additional 30 minutes

Arrangements for receptions

Banquets such as buffet, Japanese, Western, Chinese, and Kaiseki-style: from 5,000 yen (includes drink, tax and service charges)/per person



- 11-22, Shinmachi 1-chome, Aomori-shi 030-0801
- Phone: 017-723-2233 Fax : 017-723-2361
- email : <http://alaskajapan.com/contact/> (inquiry form)

Hotel JAL City Aomori



Access

- ☐ 6-minute walk from JR Aomori Station
- ☐ 15 minutes by taxi from JR Shin-Aomori Station
- ☐ 30 minutes by taxi from Aomori Airport
- ☐ 15 minutes by car from Aomori Chuo Interchange



Experienced staff will take care of small workshops as well as seminars for up to 40 people.

In addition, as the banquet room is exclusively reserved for one company at a time.

Support for convention organizers

Application start date	Any time	Available for use	9:00 a.m. to 10:00 p.m.
Application method	By phone, fax, Internet, etc.	Closed	Open throughout the year
Internet	Available		

Conference room name	Area (㎡)	Capacity		Usage fees	Remarks
		School arrangement	Theater arrangement		
Iris	91 ㎡	Formal banquet style 50 people	45	15,000 yen/hour	*1
		Stand-up style 60 people	—		*2
Business center	27 ㎡	Around the table style 10 people	—	6,000 yen/hour	

*1 There is no charge for hall hire when a formal banquet style party is booked.

*2 There is no charge for hall hire when a stand-up style party is booked.

Incidental facilities	Restaurant "La Sera"
equipment	Complete set of acoustics, lighting, fixed screen, projector, printed name with the topic of the lecture, etc. *There are charges for the projector and the hanging banner with the topic of the lecture.

Equipment for persons with physical disabilities 2 toilets with handrails

Parking lot 30 cars (multi-level parking) Parking time Available for 24 hours

Parking fees 700 yen for hotel guests (one night),
Other users: 200 yen for the first one hour plus 100 yen for each additional 30 minutes

Arrangements for receptions

Restaurant "La Sera" is available for private reservation after the completion of the lecture (exclusive booking). Holds up to 60 people. *buffet-style

- 4-12, Yasukata 2-chome, Aomori-shi 030-0803
- Phone: 017-732-2580 Fax: 017-735-2584
- email: front@aomori-jalcity.co.jp



Hotel Crown Palais Aomori



Access

- ☐ 5 minutes by taxi from JR Aomori Station
- ☐ 20 minutes by taxi from JR Shin-Aomori Station
- ☐ 30 minutes by taxi from Aomori Airport
- ☐ 15 minutes by car from Aomori Chuo Interchange



Hotel Crown Palais Aomori has facilities to cater for various conventions and ceremonies and welcomes guests with the comfort of city hotel amenities and the beautiful natural surroundings of Northern Japan.

Support for convention organizers

Application start date	From 3 months in advance.	Available for use	9:00 a.m. to 9:00 p.m.
Application method	Reservation can only be made by phone.	Closed	Open throughout the year
Internet	Available		

Conference room name	Area (㎡)	Capacity		Usage fees	Remarks
		School arrangement	Theater arrangement		
Oirase Hall	430 ㎡	294	616	24,200 yen (1h)	(tax not included)
Koho Hall	230 ㎡	120	260	13,200 yen (1h)	
Toyoake Hall	130 ㎡	60	120	6,600 yen (1h)	
Bluewell Hall	130 ㎡	60	120	6,600 yen (1h)	
Juraku Hall (Japanese room)	51 (tatami mats)	—	—	4,400 yen (1h)	
Koto Hall	36	15	18	3,300 yen (1h)	

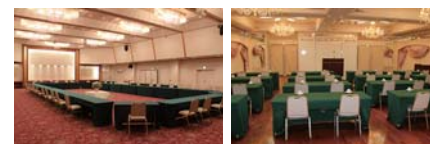
Incidental facilities	Restaurant "Tokkudoru"
equipment	Projector, TV monitor, screen, video, sound mixer, CD/MD player, etc.

Equipment for persons with physical disabilities Slope at the front entrance, toilet, elevator

Parking lot 37 cars

Parking time 24 hours

Parking fees 500 yen/night (tax included)



- 5-4, Honcho 5-chome, Aomori-shi 030-0802
- Phone: 017-775-1151 Fax: 017-773-4761
- email: aomori@crownpalais.jp

La Place Aomori



Access

- ☐ 25-minute walk, 5 minutes by taxi or 10 minutes by bus from JR Aomori Station
- ☐ 20 minutes by taxi from JR Shin-Aomori Station
- ☐ 30 minutes by taxi from Aomori Airport
- ☐ 10 minutes by car from Aomori Chuo Interchange



La Place Aomori hotel is located in the central part of Aomori, enabling easy access to government offices and the business district. There is also complementary outside parking. We have halls of various sizes available to suit your needs. We look forward to welcoming you.

Support for convention organizers

- Application period** Reservations are accepted from 10 months prior to the date of use.
- Application method** By phone
- Available for use** 9:00 a.m. to 9:00 p.m., etc.
- Internet** Available
- Closed** December 31 and January 1. We also close occasionally for maintenance.

Conference room name	Area (m ²)	Capacity				Usage fees (1 day)	Remarks
		School arrangement	Theater arrangement	Banquet (dinner)	Stand-up style (buffet)		
Camellia	250 m ²	180	250	128	200	96,000 yen	Additional tax and service charges apply.
Maple	250 m ²	180	250	128	200		
Le Ciel	105 m ²	54	70	48	60	48,000 yen	
Cattleya Orchid	65 m ²	24	50	24	40	36,000 yen	

* The fees are approximate measures of basic weekday (from 9:00 a.m. to 5:00 p.m.) usage fees.

Incidental facilities	Restaurant
equipment	Sound and lighting systems, screens, projectors, and hanging signboards

Equipment for persons with physical disabilities Multipurpose toilet, elevators

Parking lot 50 passenger cars (Please contact for vehicles with green number plates and large vehicles.)

Parking time All day

Parking fees Free of charge (All parking is outdoors.)



- 11-18, Chuo 1-chome, Aomori-shi, 030-0822
- Phone: 017-734-4371 Fax: 017-775-1218
- email: la-place@aomori-hka.com

Asamushi Onsen "Kaisenkaku"



Access

- ☐ 2-minute walk from Aomori Railway Asamushi-onsen Station
- ☐ 35 minutes by taxi from JR Shin-Aomori Station
- ☐ 45 minutes by taxi from Aomori Airport
- ☐ 15 minutes by car from Aomori Higashi Interchange



A hot spring with a serene view. Adopting the theme of an inn that offers a beautiful and relaxing trip, the building was designed in a "modern Japanese style with a folksy tone. Local paintings and handicrafts rich in local color are displayed throughout the building to ensure your trip is beautiful and comfortable. We welcome you with hospitality unique to our hotel that captures the heart of Aomori.

Support for convention organizers

- Application start date** Any time
- Application method** Please contact when making reservations for accommodation.
- Special notes** To use the facility for conventions one must book accommodation at the hotel.

Conference room name	Area (m ²)	Capacity		Usage fees	Remarks
		School arrangement	Theater arrangement		
Convention Hall "Four Seasons"	297 m ²	200	—	30,000 yen (tax not included)	
"Shuho" room	60 tatami mats	* Please contact the hotel for details.			
"Hakkoda" room	48 tatami mats				
"Shirakami" room	48 tatami mats				
"Iwaki" room	48 tatami mats				
"Tsugaru" room	17.5 tatami mats				
"Akashiya" room	21 tatami mats				
"Katakuri" room	21 tatami mats				

Incidental facilities	Souvenir shop "Furusato", Restaurant "Mahoroba", Gallery café "Zen"
equipment	Projectors, screens

Equipment for persons with physical disabilities Wheelchairs accessible toilets, elevators, few steps within the facility

Parking lot 60 passenger cars

Parking fees Free of charge



- 31, Hotarudani Asamushi, Aomori-shi, 039-3501
- Phone: 017-752-4411 Fax: 017-752-3314
- email: nanbuya@infoaomori.ne.jp

Hotel Akitaya



Access

- ☐ 5-minute walk from Aomori Railway AsamushiOnsen Station
- ☐ 40 minutes by taxi from JR Shin-Aomori Station
- ☐ 45 minutes by taxi from Aomori Airport
- ☐ 15 minutes by car from Aomori Higashi Interchange
- ☐ 40 minutes by car from Aomori Interchange



Enjoy the view of the sunset over Mutsu Bay from the large public bath located on level 6. Dinner is lovingly and artfully prepared using local ingredients from the mountains and the sea.

Support for convention organizers

- Application start date Any time Available for use 9:00 a.m. to 5:00 p.m.
 Application method Please enquire by phone. Internet Available (lobby Wi-Fi)

Conference room name	Area (㎡)	Capacity		Usage fees	Remarks
		School arrangement	Theater arrangement		
Meeting room	102 ㎡	70	90	5,000 yen (tax not included)/hour	
Incidental facilities	Snack-bar "Acacia", souvenir shop				
equipment	Screen, podium, microphone, whiteboard				

Equipment for persons with physical disabilities Wheelchairs for rental

Parking lot 5 large size buses, 25 passenger cars

Parking fees Free of charge



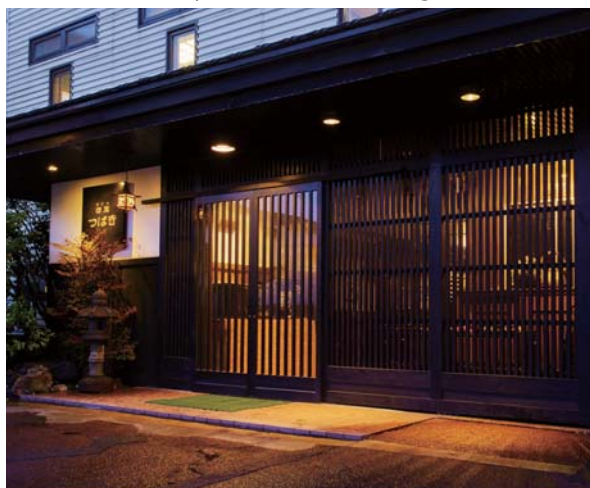
- 293-12, Hotarudani Asamushi, Aomori-shi 039-3501
- Phone: 017-752-3239 Fax: 017-752-2573
- email : infomail@e-akitaya.com

Yadoya Tsubaki



Access

- ☐ 2-minute walk from Aomori Railway AsamushiOnsen Station
- ☐ 30 minutes by taxi from JR Shin-Aomori Station
- ☐ 45 minutes by taxi from Aomori Airport
- ☐ 10 minutes by car from Aomori Higashi Interchange



Yadoya Tsubaki is a rustic Japanese-style inn in Asamushi Onsen. Our party room can be used as a meeting room by arranging desks and chairs. After the meeting, you can enjoy our homemade dishes cooked using locally grown products and enjoy bathing in one of our hot spring baths such as our large public bath or our private bath.

Support for convention organizers

- Application start date Any time Available for use Upon request
 Application method Apply when reserving accommodation. Closed Open throughout the year

Conference room name	Area (tatami ㎡)	Capacity		usage fees	Remarks
		School arrangement	Theater arrangement		
Setsugetsu Hanatsubaki	80 tatami mats	65	—	Free of charge	Available for hotel guests only
Incidental facilities	Hot spring, party room, kiosk, Japanese style karaoke room for private hire, footbath, Steam bath, bath for private hire at 3 locations, lobby Wi-Fi				
equipment	Wireless microphone, screen				

Equipment for persons with physical disabilities Elevator, wheelchairs for rental

Parking lot 35 passenger cars

Parking time Between check-in and check-out

Parking fees Free of charge



- 25, Hotarudani Asamushi, Aomori-shi 039-3501
- Phone: 017-752-2001 Fax: 017-752-3366
- email: tubaki1@rose.ocn.ne.jp

Asamushi Onsen Tsubakikan



Access

- ☐ 6-minute walk from Aomori Railway Asamushi Onsen Station
- ☐ 30 minutes by taxi from JR Shin-Aomori Station
- ☐ 45 minutes by taxi from Aomori Airport
- ☐ 15 minutes by car from Aomori Higashi Interchange



Asamushi Onsen Tsubakikan is a traditional Japanese-style inn that was frequented by Shikou Munakata, a world famous woodblock printmaker. Our large public bath with free-flowing hot springs and local cuisine are the pride of our inn.

Support for convention organizers

- Application start date 1 year in advance.
- Application method By phone, fax or Internet
- Internet Wi-Fi (1F lobby only)
- Available for use Upon request.
- Closed Not specified

Conference room name	Area (tatami m ²)	Capacity		Usage fees	Remarks
		School arrangement	Theater arrangement		
Takasago Tsubaki	100 tatami mats	60-70	90	—	*Free of charge for hotel guests (party plan with meeting)
Hototogisu Tsubaki	49 tatami mats	30	50	—	
Hakuchō Tsubaki	36 tatami mats	20	30	—	

equipment 2 wireless microphones and a screen (without projector) are available only in the Takasago Tsubaki room.

Equipment for persons with physical disabilities 2 wheelchairs, elevator

Parking lot 40 cars (minivans and station wagons are permitted)

Parking time All day

Parking fees Free of charge



- 14, Uchino Asamushi, Aomori-shi 039-3501
- Phone: 0120-8102-15 Fax: 017-752-3483
- email: tubakikan14@wonder.ocn.ne.jp

Tatsumikan



Access

- ☐ 4-minute walk from Aomori Railway Asamushi Onsen Station
- ☐ 30 minutes by taxi from JR Shin-Aomori Station
- ☐ 45 minutes by taxi from Aomori Airport
- ☐ 15 minutes by car from Aomori Higashi Interchange



The Japanese style inn Tatsumikan is situated faces the sea, and consists of an historic main wooden building and a white resort-style annex. From rooms with an ocean view, you can see Yu no Shima island and enjoy beautiful twilight views of Mutsu Bay. There is a large public bath which is made of natural stones. There is also a small garden style open-air bath. In addition, Nebuta floats are displayed in the central courtyard from 8:00 p.m. for half an hour every evening (This is cancelled during winter and in bad weather).

Support for convention organizers

- Application start date From 1 year to one week prior to the day of use
- Application method By phone or fax
- Internet Available
- Available for use 9:00 a.m. to 9:00 p.m.
- Closed Open throughout the year

Conference room name	Area (m ²)	Capacity		Usage fees (1 day)	Remarks
		School arrangement	Theater arrangement		
Matsu (pine)	—	70	40	15,000 yen	
Take (bamboo)	—	60	40	10,000 yen	☆
Ume (plum)	—	60	40	10,000 yen	☆
Sakura (cherry blossom)	—	60	40	15,000 yen	☆

* Conference rooms can be used as one large hall (Usage fee is 50,000 yen per day).
* The fees are approximate measures of basic weekday (from 9:00 a.m. to 5:00 p.m.) usage fees.

Incidental facilities Open-air bath, garden style open-air bath, kiosk, table tennis table (free of charge)

Parking lot 60 cars

Parking fees 24 hours



- 281 Yamashita, Asamushi, Aomori-shi 039-3501
- Phone: 017-752-2222 Fax: 017-752-2143
- email: info@tatumikan.com

Japanese-style inn Yanagi no yu



Access

- ☐ 6-minute walk from Aomori Railway Asamushi Onsen Station
- ☐ 30 minutes by taxi from JR Shin-Aomori Station
- ☐ 45 minutes by taxi from Aomori Airport
- ☐ 10 minutes by car from Aomori Higashi Interchange



Yanagi no Yu was used as an official eastern inn by the Tsugaru clan and there is a wooden bath ("Oyudono", a bath used by nobles), which has been used since the Edo Period (250 years ago). There are cypress-made open-air baths for both men and women with our own free-flowing hot spring (73.5°C).

Support for convention organizers

- Application start date: Any time
- Available for use: 9:00 a.m. to 8:00 p.m.
- Application method: By phone or Internet
- Internet: Available (free Wi-Fi around lobby)

Conference room name	Area (㎡)	Capacity		Usage fees (1 day)	Remarks
		School arrangement	Theater arrangement		
Shakuyaku (peony)	160 ㎡	100	—	21,000 yen	
Shakuyaku (peony) (if partitioned into two rooms)	70 ㎡	40	—	10,500 yen	

* The fees are approximate measures of basic weekday (from 9:00 a.m. to 5:00 p.m.) usage fees.

Incidental facilities: Kiosk, all-cypress open-air large public bath, garden style bath, "Oyudono" bath, lobby, Japanese style garden

Equipment for persons with physical disabilities: Elevator, stairs with handrails

Parking lot: 35 passenger cars

Parking time: All day

Parking fees: Free of charge



- 236 Yamashita, Asamushi, Aomori-shi 039-3501
- Phone: 017-752-2023 Fax: 017-752-4018
- email: yanagiyu@aurora.ocn.ne.jp

Hakkoda Hotel



Access

- ☐ Shuttle bus services run from beside the entry to AUGA multi-story car park near JR Aomori Station to Hakkoda Hotel
- ☐ 90 to 120 minutes by JR bus (The Mizuumi) from JR Aomori Station
- ☐ 60 minutes by taxi from JR Aomori Station
- ☐ 60 minutes by taxi from JR Shin-Aomori Station
- ☐ 50 minutes by taxi from Aomori Airport
- ☐ 40 minutes by car from Aomori Chuo Interchange



From the hotel enjoy the soaring views of Mt. Odake, the highest peak in the Hakkoda Mountain Range at the northern part of the Towada-Hachimantai National Park. The hotel building is one of the largest Western-style wooden structures in Japan. The main building is a solid log house, made from 50cm-diameter Canadian cedar logs. You can enjoy the scenery unique to each season and food prepared using carefully selected local products.

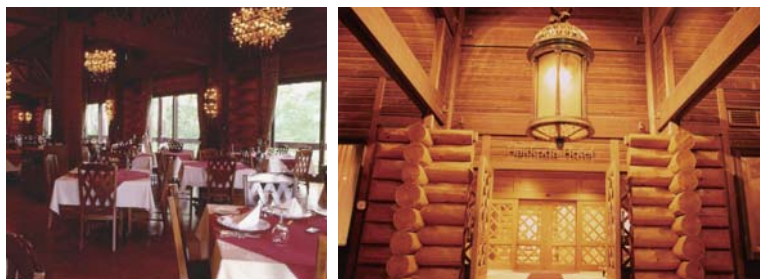
Support for convention organizers

- Application period: Any time
- Available for use: 9:00 a.m. to 9:00 p.m.
- Application method: Not specified
- Closed: Open throughout the year
- Internet: Wi-Fi available

Conference room name	Area (㎡)	Capacity		Usage fees	Remarks
		School arrangement	Theater arrangement		
Convention Hall	180 ㎡	100	—	30,000 yen/hour	

Incidental facilities: Restaurant "MeDeau," bar lounge "PLATTO," Japanese restaurant "Shakomizu," kiosk, large bath

Parking lot: Outdoor parking for 60 cars.



- 1, Minami Arakawayama 1-chome, Arakawa, Aomori-shi, 030-0111
- Phone: 017-728-2000 Fax: 017-728-1800
- email: m_hakkodahotel@hakkodahotel.co.jp

HOTEL Jogakura



Access

- ☐ Approximately 50 minutes by car from JR Shin-Aomori Station
- ☐ Approximately 50 minutes by car from JR Aomori Station
- ☐ Approximately 1 hour and 20 minutes by JR Bus "The Mizuumi" from Aomori Station/Shin-Aomori Station
- ☐ Complementary shuttle bus service from Aomori Station at 15:30



Hotel Jogakura is a Northern European inspired mountain resort located in the great primeval beech forests of Hakkoda. You can enjoy the wonders of nature in each season; the new green leaves in spring, starry skies in summer, colored leaves in autumn and snow-covered scenery in winter. After the meeting, you can enjoy a banquet of local seasonal products and relax in an open-air bath, the only open-air bath open all year round in the Hakkoda area.

Support for convention organizers

Application start date	From one year to one week prior to the day of use	Available for use	10:00 a.m. to 4:00 p.m.
Application method	By phone	Closed	Meeting room closed on 9th and 10th of June, 2nd to 7th, 26th and 27th of August, 29th of December to 3rd of January ※ Meeting room : Only available to hotel guests. ※ Hot is open year-round
Internet	Available		

Conference room name	Area (m ²)	Capacity		usage fees	Remarks
		School arrangement	Theater arrangement		
Meeting room	48 m ²				Please contact for details.
Incidental facilities	Restaurant, large bath, open-air bath				
equipment	Screen, projector, whiteboard				

Equipment for persons with physical disabilities Lavatories with handrails available

Parking lot 80 cars Parking time All day

Parking fees Free of charge



- Yamanaka, Hakkoda, Arakawa, Aomori-shi, 030-0111
- Phone: 017-738-0658 Fax: 017-738-6736
- email : jogakura@jomon.ne.jp

Michinoku Bank Dream Stadium (Aomori City Sports Center)

Access

- ☐ 10 minutes by taxi or 15 minutes by bus from JR Aomori Station
- ☐ 15 minutes by taxi from JR Shin-Aomori Station
- ☐ 25 minutes by taxi from Aomori Airport
- ☐ 20 minutes by car from Aomori Chuo Interchange



An multi-purpose sports facility with various facilities including an indoor ground for gateball and other sports, a martial arts hall for judo, kendo and kyudo, a multi-purpose ground that can be set up for curling, and a natural-lawn ground outdoors where soccer and rugby can be enjoyed. The curling arena, a space modified each year from the summer multi-purpose ground, has been a practicing ground for top players including those from Team Aomori.

Support for convention organizers

Application period	Applications start 6 months before the day of use.	Application method	Please contact the stadium directly Only enquiries can be made by phone
Available for use	9:00 a.m. to 10:00 p.m.		
Closed	Third Monday of each month (the following day if the Monday coincides with a national holiday) December 29 to January 3 of the following year		

Conference room name	Area (m ²)	Sports	Audience capacity	Usage fees (1 hour)	Remarks
Indoor ground	523m ²	For gateball and archery	—	(Booking the entire ground exclusively) 700 yen	
Wrestling arena	232.5m ²	Wrestling	—	(Booking the entire arena exclusively) 300 yen	
Multi-purpose ground	9965m ²	For curling (winter) Badminton (all seasons except winter) Bound tennis (all seasons except winter)	279 (including 7 wheelchairs)	(Winter, exclusive booking) 500 yen per seat (Excluding winter, exclusive booking) 1,400 yen	
Meeting room (1)	113.9m ²	For meetings and discussions	—	(Exclusive booking) 600 yen	
Meeting room (2)	113.9m ²	For meetings and discussions	—	(Exclusive booking) 200 yen	
Judo arena	461.2m ²	For judo	88 (including 2 wheelchairs)	(Exclusive booking) 600 yen	
Kendo arena	438.9m ²	For kendo	84 (including 2 wheelchairs)	(Exclusive booking) 600 yen	
Kyudo arena	516.1m ²	For kyudo	66 (including 2 wheelchairs)	(Exclusive booking) 700 yen	
Multi-purpose square	9,248m ²	For soccer, rugby and other sport	—	(Exclusive booking) 1,200 yen	

* The fees for exclusive booking are applicable for amateur sport where admission fees are not charged.

* The fees are approximate measures of basic weekday (from 9:00 a.m. to 5:00 p.m.) amateur sport usage fees, including fees for air conditioning and lighting.

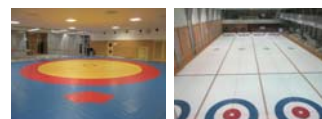
equipment	Folding tables, folding chairs, full-color projector, broadcasting equipment, physical exercise equipment (kyudo gear, etc.) and more
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Equipment for persons with physical disabilities Toilet, slopes, audience seats, Braille blocks, elevator and Braille signboard

Parking lot 100 regular spots, 56 auxiliary spots, 4 wheelchair spots

Parking time 9:00 a.m. to 10:00 p.m.

Parking fees Free of charge



- 13-1, Gappo 1-chome, Aomori-shi, 030-0902
- Phone: 017-765-6200 Fax: 017-765-6202

Kakuhiro Group Stadium (Aomori City Gymnasium)

Access

- ☐ 10 minutes by taxi from JR Aomori Station
- ☐ 15 minutes by taxi from JR Shin-Aomori Station
- ☐ 25 minutes by taxi from Aomori Airport
- ☐ 20 minutes by car from Aomori Chuo Interchange



A "multi-purpose sports space," for various indoor sports including table tennis, basketball, volleyball, and badminton, open also to the general public. Each arena holds up to 3,500 people (800 fixed seats, 2,500 mobile seats and 200 standing seats). It is host to many competitions. The gymnasium also has a physical exercise room for young children, a training room, and meeting rooms.

Support for convention organizers

Application period	From 6 months to 10 days prior to the day of use	Application method	Please contact the office directly Only enquiries can be made by phone
Available for use	9:00 a.m. to 10:00 p.m.		
C l o s e d	Third Monday of each month, December 29 to January 3 of the following year		

Conference room name	Area (㎡)	Sports	Audience capacity	Usage fees (1 day)	Remarks
Main field	1,425㎡	For basketball Volleyball and badminton Table tennis and tennis Other indoor sport	3,500	(Exclusive booking) 10,760 yen (Per each time slot) 9,390 yen	(Individuals) General public: 720 yen
1st gymnasium	459㎡	For volleyball, badminton Basketball and other sport	—	(Exclusive booking) 5,600 yen	
2nd gymnasium	198.4㎡	For folk dance, folk song Light physical exercise, table tennis	—	(Exclusive booking) 2,760 yen	
3rd gymnasium	264㎡	For table tennis	—	(Exclusive booking) 3,500 yen	
Physical exercise room for young children	105.6㎡	An array of toys	—	Free	
Training room	134.4㎡	An array of training equipment	—	(Individuals) 720 yen	Limited to individual use
Meeting room	100.8㎡	For meetings and discussions	60	(Exclusive booking) 5,520 yen	*1

*1 Limited to exclusive booking * Bookings can be made for half the room.

* The fees for exclusive booking and fees for usage per each time slot are applicable for amateur sport where admission fees are not charged.

* The fees are approximate measures of basic weekday (from 9:00 a.m. to 5:00 p.m.) amateur sport usage fees, including fees for air conditioning and lighting.

Incidental facilities	Organizers' seats, broadcasting seats, board member room, medical room, management room, changing rooms, shower rooms, hall and others
equipment	Long tables, chairs, full-color projector, broadcasting equipment, physical exercise tools (table tennis tables, etc.) and others

Equipment for persons with physical disabilities Toilet and slopes

Parking lot	90 cars	Parking time	9:00 a.m. to 10:00 p.m.	Parking fees	Free of charge
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- 9-1, Gappo 2-chome, Aomori-shi, 030-0902
- Phone: 017-743-3361 Fax: 017-743-6554

Aomori City Sports Ground

Access

- ☐ 25 minutes by taxi from JR Aomori Station
- ☐ 30 minutes by taxi from JR Shin-Aomori Station
- ☐ 25 minutes by taxi from Aomori Airport
- ☐ 10 minutes by car from Aomori Chuo Interchange



This sports ground was built on the vast flood control basin next to Yokouchigawa River, with views of Mt Hakkoda. It was designed as a park where everyone can enjoy sport and recreational activities while being embraced by Hakkoda's natural scenery. The park offers great opportunities for sport and recreational activities, and for feeling refreshed in mind and body.

Support for convention organizers

Application period	From 6 months to 10 days prior to the day of use	Application method	Contact the Sports Ground Management Office directly Only enquiries can be made by phone
Available for use	9:00 a.m. to 9:00 p.m.		
C l o s e d	Third Monday of each month, December 1 to April 30 (winter period)		

Conference room name	Area (㎡)	Sports	Usage fees(1 hour)	Remarks 1	Remarks 2
3 baseball grounds	34,860 ㎡	For baseball	1,000 yen	Lighting facility available for the 1st ground	Fees for non-profit usage (when no admission fees are charged)
Soccer ground	9,750 ㎡	For soccer	1,000 yen	Lighting facilities available	
Rugby field	13,860 ㎡	For rugby and soccer	1,000 yen	Lighting facilities available	
Multi-purpose ground	13,860 ㎡	Can be used for soccer and rugby	1,000 yen		
Tennis courts (12 courts)	8,520 ㎡	For tennis	300 yen	Lighting facilities available for courts 1-7	
Meeting rooms (1) and (2)			300 yen	Each room holds 30 people	

* The fees are approximate measures of basic weekday (from 9:00 a.m. to 5:00 p.m.) usage fees, including fees for air conditioning and lighting.

Incidental facilities	Meeting rooms, shower rooms, changing rooms, medical room
equipment	Tents, tables, folding chairs, outdoor broadcast equipment

Equipment for persons with physical disabilities Toilet, slopes and Braille blocks

Parking lot	464 spots for passenger cars, 9 spots for disability-friendly cars, and 4 spots for large-sized cars (477 cars total)
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Parking time	9:00 a.m. to 9:00 p.m.
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Parking fees	Free of charge
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- 87-4 Oyasawa Noda, Aomori-shi, 030-0123
- Phone: 017-764-5525 Fax: 017-764-5526

Aomori City Indoor Ground (Sun Dome)

Access

- ☐ 20 minutes by taxi from JR Aomori Station
- ☐ 20 minutes by taxi from JR Shin-Aomori Station
- ☐ 20 minutes by taxi from Aomori Airport
- ☐ 5 minutes by car from Aomori Chuo Interchange



A "snow-country style facility for sports and recreational activities," where baseball, soccer and softball can be enjoyed on soil even during the snowy winter months. The indoor ground, unaffected by the weather, allows people to enjoy sports on soil throughout the year.

Support for convention organizers

- Application period** From 6 months to 10 days prior to the day of use
Available for use 9:00 a.m. to 10:00 p.m.
C l o s e d Third Monday of each month
 December 29 to January 3 of the following year

Application method Contact the office directly
 Only enquiries can be made by phone

Conference room name	Area (㎡)	Sports	Audience capacity	Usage fees	Remarks
Ground (Main practice ground)	5,845 ㎡	For athletics/softball handball/gateball soccer/rugby/baseball	—	(Exclusive booking) 3,000 yen per hour (Individuals) general public: 320 yen per hour	Applicable for amateur sports where admission fees are not charged.
Jogging course	300 m per lap	For jogging	—	(Individuals) general public: 100 yen a time	Free for the users of the main practice ground.
1st Training Room	186.8 ㎡	Training machines/weights Aerobikes and others	—	(Individuals) general public: 70 yen per hour	For use by individuals only
1st Meeting Room	66 ㎡	For meetings and discussions	45	(All day use from 9:00 a.m. to 5:00 p.m.) 2,080 yen	
2nd Meeting Room	58.9 ㎡	For meetings and discussions	40		

Incidental facilities Showers, locker rooms, equipment storage room and others

equipment Broadcasting equipment, portable stage, pitching machine, toss-batting exercise machine

Equipment for persons with physical disabilities Toilet, slopes and elevators

Parking lot 100 cars

Parking time 9:00 a.m. to 10:00 p.m.

Parking fees Free of charge



- 123-6 Hamada Toyoda, Aomori-shi, 030-0843
- Phone: 017-729-3106 Fax: 017-729-2900

Aomori City Indoor Swimming Pool

Access

- ☐ 10 minutes by taxi from JR Aomori Station
- ☐ 15 minutes by taxi from JR Shin-Aomori Station
- ☐ 25 minutes by taxi from Aomori Airport
- ☐ 20 minutes by car from Aomori Chuo Interchange



Having 3 swimming pools, one for the general public, one for beginners and one for young children, everyone, from young to old, men and women, can enjoy swimming throughout the year. The pool for the general public is a 25 m pool approved by the Japan Swimming Federation for recording official times in swimming competitions, making it a place for swimmers to demonstrate the results of their regular practice. Competitions including those by the Nippon Junior High School Physical Culture Association and by Aomori City are also held at this facility.

Support for convention organizers

Application period From 6 months to 10 days prior to the day of use (3 days prior to the day of use for meeting rooms)
C l o s e d Third Monday of each month
 December 29 to January 3 of the following year

Available for use 10:00 a.m. to 10:30 p.m.
 (Hours: 9:30 a.m. to 9:00 p.m.)
Application method Contact the office directly
 Only enquiries can be made by phone

Conference room name	Area (㎡)	Sports	Usage fees (1 hour) (booking the entire pool)	The minimum number of people using the pool
Swimming pool for the general public	387.5 ㎡	For swimming	6,400 yen	50 people and up
Swimming pool for beginners	170.5 ㎡		3,200 yen	30 people and up
Swimming pool for young children	45.0 ㎡		640 yen	20 children and up
Training room	95.0 ㎡	For meetings For discussions, and other purposes	Whole room: 760 yen Half the room: 380 yen	Please make inquiries

* The fees are approximate measures of basic weekday (from 9:00 a.m. to 5:00 p.m.) amateur usage fees, including fees for air conditioning and lighting.

Incidental facilities Changing rooms, shower rooms, warming room, eye-washing area, administration office, medical room, reception room, monitoring room

equipment Electric signboard, broadcasting equipment

Equipment for persons with physical disabilities Toilet, slopes and elevators

Parking lot 90 spots (shared with the city gym)

Parking time 9:00 a.m. to 10:00 p.m.

Parking fees Free of charge



- 9-10, Gappo 2-chome, Aomori-shi, 030-0902
- Phone: 017-743-3440 Fax: 017-743-3453

Mori Transport Arena (Aomori Prefectural Skating Rink)

Access

- ☐ 15 minutes by taxi from JR Aomori Station
- ☐ 20 minutes by taxi from JR Shin-Aomori Station
- ☐ 20 minutes by taxi from Aomori Airport
- ☐ 1 minute by car from Aomori Chuo Interchange



A facility where skating can be enjoyed throughout the year; inline skating in the summer and ice skating in the winter. In the summer, it can accommodate concerts and large events.

Support for convention organizers

Application start date Any time

Closed

Inline skating period: Mondays and Tuesdays
Ice skating period: Mondays

Available for use Weekdays: 1:00 p.m. to 8:00 p.m.

Saturdays, Sundays and national holidays: 10:00 a.m. to 8:00 p.m.

* Please make inquiries for booking the whole arena exclusively.

Application method By phone, fax, online, etc.

Conference room name	Area (㎡)	Sport	Audience capacity	Usage fees	Remarks
Skating rink	7426.4 ㎡	(Summer period) Inline hockey court Speed skating rink (250 m) Aggressive inline skating corner * Can accommodate events such as concerts (Winter period) Speed skating rink (Double track 12 m x 250 m) Hockey rink (International standard: 30 m x 60 m)	Concerts and other events Approximately 8,000 people (including the upper floor seats) 1st floor mobile seats Chair type: 280 seats 2nd floor seats 1,058 seats	Fees for use by schools, fees for group bookings and for booking the entire arena exclusively also available: Fee for booking the entire arena exclusively for events during the summer period Non-profit use: Weekdays: 26,900 yen Saturdays, Sundays and national holidays: 34,900 yen Business use: Weekdays: 57,500 yen Saturdays, Sundays and national holidays: 74,600 yen	(Fees for skating) Per session 110 yen for primary school and younger children 220 yen for junior high school students 330 yen for high school students 600 yen for adults 340 yen for rental shoes

Incidental facilities	Reception room (31.4 ㎡), meeting room (holds approximately 100 people; 125.6 ㎡), waiting rooms for skaters ((1) 66.09 ㎡, (2) 23.17 ㎡), shower room (6 showers, 40 ㎡), warming room ((1) 44.97 ㎡, (2) 26.6 ㎡, (3) 54 ㎡), 2nd floor seats (1331.03 ㎡, including 1,058 seats), locker room (238 ㎡)
equipment	Folding chairs

Equipment for persons with physical disabilities Toilet and elevator

Parking lot 5 spots for buses and 350 spots for passenger cars

Parking time During operating hours

Parking fees Free of charge



- Toyota Chinai Hamada, Aomori-shi, 030-0843
- Phone: 017-739-9500 Fax: 017-739-9507

Aomori Prefecture Sports Park

Access

- ☐ 10 minutes by taxi from JR Aomori Station
- ☐ 10 minutes by taxi from JR Shin-Aomori Station
- ☐ 20 minutes by taxi from Aomori Airport
- ☐ 15 minutes by car from Aomori Interchange



The park can accommodate sports events, from athletics to international soccer and rugby matches. When it is not exclusively booked it can be used by groups and individuals for jogging.

Support for convention organizers

Application period Availability for booking the entire park is determined at the end of each fiscal year.

Apply more than one month prior to the day of use. (Groups can apply on the day of use.)

Available for use 9:00 a.m. to 7:00 p.m. (from April to September)

9:00 a.m. to 5:00 p.m. (from October to March)

Closed Fourth Tuesday of each month

Application method By phone and other means

Conference room name	Area (㎡)	Sport	Audience capacity	Usage fees	Remarks
Athletic field Main field	400 m per lap (Type 1 field approved by the Japan Association of Athletics Federations)	For athletics, soccer, rugby and other sports	Stadium stand 6,500 seats Lawn stand Holds 10,500 people	Individuals: 40 yen per hour for primary and junior high school students 70 yen per hour for high school students 100 yen per hour for adults Booking the entire field exclusively: 1,740 yen per hour rates for groups differ	
Athletic field Supplementary field	300 m per lap	For athletics, soccer, rugby and other sport		Individuals: 40 yen per hour for primary and junior high school students 70 yen per hour for high school students 100 yen per hour for adults Booking the entire field exclusively: 910 yen per hour rates for groups differ	
Baseball field	Length between the base and center: 121 m Wings: 93 m	For baseball and softball	Main stand 1,492 people Infield stand 3,524 seats Outfield stand 16,000 seats	Booking the whole field exclusively: 910 yen per hour Turning all the lights on: 7,810 yen per hour Turning half the lights on: 3,900 yen per hour Electric signboard All on: 2,050 yen per hour Half on: 1,020 yen per hour	* Please make inquiries for more details about fees for holding events.
Swimming pool (outdoor)	50 m x 9 courses (approved by the Japan Swimming Federation)	For swimming	800 audience seats	Individuals: 40 yen per hour for primary and junior high school students 70 yen per hour for high school students 100 yen per hour for adults Booking the entire pool exclusively: 1,740 yen per hour rates for groups differ	

Equipment for persons with physical disabilities Toilets within the athletic field are equipped with handrails, and there is a slope in the lobby area.

Parking lot 1,547 spots total (including 5 spots for cars for persons with disabilities)

Parking time 9:00 a.m. to 9:00 p.m.

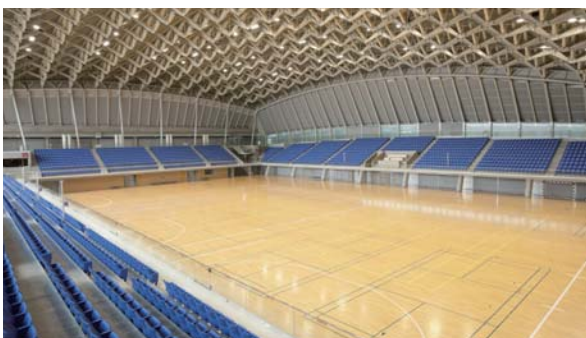
Parking fees Free of charge

- 234-7 Yasuta Chikano, Aomori-shi, 038-0021
- Phone: 017-766-1241 Fax: 017-766-1243
- email: info@sport-aomori.jp

Maeda Arena (Aoimori Arena, New Aomori Prefectural Sports Park)

Access

- 25 minutes by taxi from JR Aomori Station
- 35 minutes by taxi from JR Shin-Aomori Station
- 45 minutes by taxi from Aomori Airport
- 5 minutes by car from Aomori Higashi Interchange



The main arena is a comprehensive sporting facility, fully equipped with air-conditioning systems. It can be used for indoor sports such as basketball and volleyball, as well as for cultural events such as exhibitions and concerts. The sub-arena can be used for daily sports practice, conventions and training sessions.

Events held at the facility in the past

May 2010: Koda Kumi Live Tour 2010 (6,000 people)

July 2011: Opening ceremony of All Japan High School Sports Championships 2011 (3,600 people)

October 2011: Aomori ICT Cloud Festa (6,000 people)

November 2011: Tegomass 3rd Live Concert (5,000 people)

February 2012: JBL (Japan Basketball League) Aomori Championships (4,000 people)

November 2013: B League (Japanese Pro Basketball) (3,000 people) *Over two days



Training camp

Support for convention organizers

Application period Bookings can be made from 2 months in advance, up to the day of use

Available for use 9:00 a.m. to 10:00 p.m.

Application method At the office and via phone

Closed Third Tuesday of each month
December 31 to January 2 of the following year

Special notes Cancellations accepted until one month prior to the day of use

Conference room name	Area (㎡)	Capacity		Usage fees	Remarks
		School arrangement	Theater arrangement		
Main arena	9812.03 ㎡	3,368	5,348	5,120 yen per hour 124,000 yen per hour	For the general public (schools) Non-sport, for-profit use (theater)
Sub-Arena	2523.63 ㎡	100	300	2,430 yen per hour 53,570 yen per hour	For the general public (schools) Non-sport, for-profit use (theater)

Conference room name	Area (m2)	Sports	Audience capacity	Usage fees	Remarks
Tennis courts	24 courts	For tennis (including softball tennis)	4,213 seats	Exclusive booking: 280 yen per hour (per court) 370 yen per hour (per court at nighttime)	
Ball game field	11,300	For soccer, rugby and other sports	1,500 seats (excluding the lawn area)	Exclusive booking (1 field): 580 yen per hour All lighting on: 1,610 yen per hour Half the lighting on: 800 yen per hour Electric signboard: 1,130 yen	*1
Archery field	90m x 90m	For archery, soccer and other sports		930 yen per hour	
Indoor swimming pool	25m x 8 Course	For swimming		Exclusive booking (from June to August): 910 yen per hour (Other months): 3,940 yen per hour Group category fees and others	

*1 Please make inquiries for more details about fees for holding

Incidental facilities	Restaurant ("Sky Sweat"), training room, jogging course, training camp
equipment	Audio system, lighting system, hanging signs, chairs, tables

Equipment for persons with physical disabilities Toilets with handrails, slopes on steps, elevators

Parking lot A total of 1,360 spots (including 38 spots for persons with disabilities) in the first through third car parks, and 11 spots in the large vehicle car park

Parking time 7:00 a.m. to 10:00 p.m.

Parking fees Free of charge

- 22-2, Miyata Takase, Aomori-shi, 039-3505
- Phone: 017-737-0600 Fax: 017-726-3691
- email: info@sport-aomori.jp

[Information on golf courses Aomori City and surrounding areas]

Owani-machi | Aomori Royal Golf Club

- 038-0223
- 100-9, Takinosawa, Shimada, Owani-machi, Minamitsugaru-gun
- Phone: 0172-48-5555 Fax: 0172-48-5530
- <http://www.a-royalhotel.co.jp/golf/>

- Number of holes : 18
- Open : from the end of April to the end of November
- Shuttle service : ✓ (Reservation required. Fees apply)
- Cart : ✓ ■ Caddy : ✓



A magnificent and strategic 18-hole golf course with six large and small lakes designed by the master golf course designer Mitsuaki Kobayashi, located in the hilly areas of the 550-meter peak of Ajarayama. We can guarantee a satisfying round of golf for players of all levels, including those who have a low handicap as well as average golfers. We recommend a golf package that combines rounds of golf and overnight accommodation at Aomori Royal Hotel adjacent to the Club House.

Aomori City | Aomori Country Club

- 030-0144
- 229, Kuzuno, Obetsunai, Aomori-shi
- Phone: 017-739-2129 Fax: 017-739-5144
- <http://www.acc-gl.co.jp/>

- Number of holes : 27
- Number of courses : 3 (Mutsu Bay, Towada, Hakkoda)
- Open : from April to November ※1
- Shuttle service : ✕ ■ Cart : ✓
- Caddy : ✓

※1 (It's scheduled to open on April 9, 2016)



Located in an area with superb views of Aomori City, Mutsu Bay and the Hakkoda Mountains. It's a poetically scenic golf course surrounded by beautiful nature. It's conveniently located, as you can reach here within approximately 15 minutes by car from Aomori Airport and Aomori Chuo Interchange and approximately 20 minutes by car from Shin-Aomori Station. We will maintain the course in top condition and welcome you with our hospitality.

Hirakawa-shi | Tsugaru Koogen Golf Club

- 036-0171
- 18-42, Fukazawa, Oguni, Hirakawa-shi
- Phone: 0172-44-4111 Fax: 0172-44-5110
- <http://www.tsugaru-gc.jp/>

- Number of holes : 18
- Open : from the middle of April to the middle of November
- Shuttle service : ✕ ■ Cart : ✓
- Caddy : ✓



The course with a magnificent location where you can enjoy great views of the Hakkoda Mountains and you can feel the clear air of the plateau. Carts have remote control function! The course is designed by Arnold Parmer, one of the greatest golfers in history.

Towada-shi | Hakkoda View Country Club

- 034-0303
- 20-1, Yachi, Horyo, Towada-shi
- Phone: 0176-74-2511 Fax: 0176-74-2513
- <http://www.hakkoda-view.com/>

- Number of holes : 27 (Minami-Hakkoda • Oirase • Lake Towada)
- Number of courses : 1
- Open : from the end of April to the middle of November
- Shuttle service : ✕ ■ Cart : ✓
- Caddy : ✓



A total of 27 holes with magnificent views of the Hakkoda Mountains. At the golf course, you can enjoy changes in each season, such as lingering snow, new green leaves and autumn colors. The nearby hot spring of superior quality is also very popular.

Towada-shi | Michinoku Kokusai Golf Club

- 034-0107
- 130-1, Higuchi, Horanai, Towada-shi
- Phone: 0176-25-8111 Fax: 0176-25-8006
- <http://www.michinokukokusai-gc.com/index.html>

- Number of holes : 18
- OUT course (9 holes)
- IN course (9 holes)
- Open : from April to November
- Shuttle service : ✕ ■ Cart : ✓
- Caddy : ✓



The best strategic championship golf course in the Tohoku Region. Everyone from beginners to those golfers with a low handicap will be able to enjoy a round of golf.

Hirakawa-shi | Biwanodai Golf Club

- 036-0173
- 16-1, Hotarusawa, Kirake, Hirakawa-shi
- Phone: 0172-55-2011 Fax: 0172-55-2015
- <http://www.biwanodai.com/>

- Number of holes : 18
- Open : from the end of April to the beginning of November
- Shuttle service : ✕ ■ Cart : ✓
- Caddy : ✓



A forest course next to Towada-Hachimantai National Park that makes use of the natural terrain with holes situated past the valley. You can ride a cart onto the fairways, which makes a round of golf easier on senior citizens.

Hirosaki-shi | Tsugaru Country Club • Hyakuzawa Course

- 036-1343
- 33-1, Susono, Hyakuzawa, Hirosaki-shi
- Phone: 0172-83-2326 Fax: 0172-83-2613
- <http://tsugaru-country.com/course/hyakuzawa.html>

- Number of holes : 18
- Open : usually from the beginning of April to the end of November depending on snow conditions
- Shuttle service : ✕ ■ Cart : ✓
- Caddy : ✓



The scenic plateau course is located at the foot of Mount Iwaki, often referred to as "Tsugaru Fuji" which is approximately a 25-minute drive from the center of Hirosaki-shi in Aomori Prefecture, a famous spot for viewing cherry blossoms. You can have an uninterrupted view of Shirakami-Sanchi, a World Heritage Site, from the golf course.

Sightseeing information of Aomori City

Introduction of sightseeing spots

— Sightseeing Information —

Aomori city is surrounded by the Hakkoda mountains and Mutsu Bay, so you can enjoy the beautiful natural landscapes which change with the seasons. There are many cultural spots in and around the city, including a museum where you can experience the Nebuta Festival, and many historical spots and museums that offer wonderful opportunities to enjoy Aomori's history and culture.

Nebuta Festival



The passionate cry of summer's soul! Aomori Nebuta Festival

Aomori, the land of the Nebuta Festival. Every year the festival, known for its heated excitement and grandeur, is held from August 2 to 7. Large floats of warriors, kabuki and mythical figures light up the summer night sky, while dancers called "haneto" excitedly dance around the floats as if mesmerized by the festive music.

Map
2-B



Enjoy Nebuta throughout the year!

Wa Rasse Nebuta Museum

ねぶたの家「ワ・ラッセ」

Wa Rasse offers opportunities to enjoy Nebuta throughout the year, with displays of large Nebuta, and details about the origin of Nebuta as well as the festival's history over the years. There is also a restaurant overlooking the ocean, offering dishes using local ingredients from Aomori, and a shop selling Nebuta related goods and local products from Aomori.

In and around the city

Strolling in the Bay Area, feeling the ocean breeze

The Bay Area has various spots of interest, full of Aomori's charms, including the Nebuta House "Wa Rasse", A-FACTORY, a shopping complex housing an apple cider brewery and a food market, and the Seikan Ferry Memorial Ship Hakkodamaru. You can enjoy shopping and take in the view of the bay bridge as you walk along the wooden deck.



Aomori Prefecture

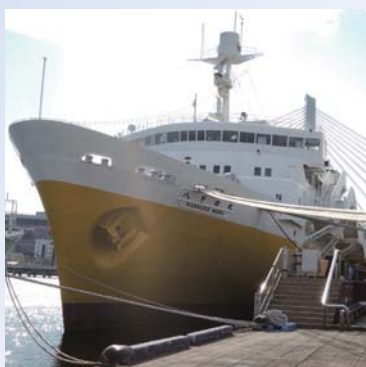
Tourist Center (ASPAM)

青森県観光物産館アスパム

Map
1-C



ASPAM is a 15-floor 76m-high, triangle-shaped building which is based on the image of the "A" in Aomori. It has one of the largest souvenir shops in the prefecture which sells a wide variety of Aomori's local products. There is also a panoramic movie introducing Aomori's sightseeing spots, and free daily performances of Tsugaru Shamisen (a Japanese stringed musical instrument).



Seikan Ferry Memorial Ship Hakkoda-maru

青函連絡船メモリアルシップ八甲田丸

Map
1-B

This is Japan's first railway ferry museum and uses the ferry itself. You can learn about the history of ferry that travelled, showing the history of the ferry that travelled the Tsugaru Channel over nearly 80 years. There is also a "Seikan World" display that replicates the morning market of the 50s and 60s.



Enjoy the fresh seafood market!

Map
3-B

• AUGA アウガ
• Aomori Gyosai Center 青森魚菜センター



There are several markets around Aomori Station, selling a wide variety of seafood including scallops from Mutsu Bay. The multi-purpose commercial

facility "AUGA" in front of Aomori Station has a food market in the basement, with approximately 30 shops selling fresh fish, dried foods and vegetables. At the Aomori Gyosai Center, also known as Furukawa Fish Market, you can enjoy "nokkedon", a rice bowl where visitors can choose their favorite sashimi toppings. The market has flourished since the 60s and is like a bustling kitchen to Aomori City's residents.



Map
<A>3-H

Munakata Shiko Memorial Museum of Art

棟方志功記念館

The museum displays artworks of world-renowned woodblock print artist Shiko Munakata from Aomori. The works include woodblock prints including his masterpiece "Ten Great Disciples of Buddha" as well as his dynamic calligraphy works and oil paintings. All the artworks are powerful and illustrate Munakata's unique passion.



Unique display space Aomori Museum of Art

Map
<A>3-F

独特の展示空間 青森県立美術館

The museum has year-round displays of artworks by artists from Aomori including Shiko Munakata, Michi Nara, Shuji Terayama, and Toru Narita, the artist famous for his original Ultraman illustrations. In the gigantic exhibition space Aleko Hall, which has an open ceiling through four floors, there are year-round displays of three of the four 15m x 9m works Mark Chagall painted for the stage of the ballet Aleko.



Seiryuji Temple 青龍寺

Map
<A>3-I

The temple is known for its 21.35m-tall bronze statue of Dainichi Nyorai Buddha which is the largest seated Buddha in Japan. It is taller than the great Buddha statues of Nara and Kamakura. Viewed from below, the statue shines with a powerful presence.

Map
<A>3-F

Special historical site

国の特別史跡 三内丸山遺跡 Sannai-Maruyama Site



Map
<A>6-G

Komakino site

小牧野遺跡

Komakino site, a national historic site, was a ritual place in Jomon period (12,000–300 BC), that is typical of ancient Aomori. It is one of the largest stone circles in Japan, created approximately 4,000 years ago, with an extraordinary size and design.

Visitors can tour the site with a guide, and learn various facts about Jomon period in Aomori at Komakinokan, the site's Jomon-period exhibition center.

Aomori Museum of History

あおもり北のまほろば歴史館

Map
<A>3-G

Aomori Museum of History is an exhibition center that provides comprehensive coverage of local history and folklore tradition centered around Aomori. There are many materials on display, including sashiko-stitched kimono (sashiko is stitching traditionally used to reinforce points where clothing tends to wear out), which is designated tangible folk-cultural property of Aomori Prefecture, and other items from which visitors can learn about life in Aomori. Also worth visiting is a 30 m-high observatory, from which visitors can see the entire city of Aomori, Mutsu Bay, the Shimokita Peninsula and the Tsugaru Peninsula.



Around Asamushi

Enjoy majestic view and hot springs to your heart's content: Asamushi Hot Spring



The hot spring was discovered around 1,200 years ago, during the Heian Period. It is one of the most historical hot springs in Japan, loved by many famous writers and artists including Shiko Munakata. It faces the mild ocean of Mutsu Bay, with woodland scenery in the background, offering visitors opportunities to enjoy soaking in the hot spring while appreciating the majestic view.

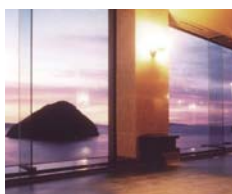


Asamushi Onsen "Roadside Rest Area" Yusa Asamushi

Map
<C>8-A

「道の駅」浅虫温泉 ゆ〜さ浅虫

This is a "roadside rest area" where visitors can enjoy a soak in the hot spring while watching the sun setting over Mutsu Bay. Its "Yusa Market" sells fresh seafood and vegetables directly from local producers, as well as processed local foods and craftworks. There are also grilled squid and scallops on sale, offering visitors a taste of Mutsu Bay.



There are interesting spots to visit, full of character, including Asamushi Hotaru Lake where you can watch fireflies, Asamushi Aquarium which hosts dynamic dolphin shows, and a large 700 year old Japanese red pine tree, the second largest tree in Japan, being one of the specially designated 100 largest trees in Japan.



Around Hakkoda



Famous hot springs and hidden hot springs: hot springs full of character

Map
<D>9-D
and others

There are many hot springs in Hakkoda full of character, including the renowned "Sennin Buro" Sukayu hot spring with a bath tub made entirely out of Japanese cypress, Jogakura Hot Spring where visitors can enjoy bathing in the native beech forest, Kansuizawa Hot Spring popular among women because of its clear and odorless water, Hakkoda Hot Spring with refreshing carbonated hot water, and the homey and simple Michinoku Fukazawa Hot Spring.

Aomori's renowned mountains **Hakkoda Mountains**



Hakkoda is considered one of the 100 best mountains in Japan, and comprises the northern ridges including Odake and Akakuradake, and the southern ridges including Kushigamine, Komagamine and Norikuradake. Visitors can enjoy hiking easily using the ropeway, appreciating majestic views of each season, including the clusters of highland plants that bloom in spring and summer, beautiful leaves in the autumn, and magnificent snow monsters (soft rime) of winter.

Hakkoda Mountains Incident Museum

Map
<A>4-H

八甲田雪中行軍遭難資料館

The museum was built to preserve the story of the largest accident in Japan's history of mountaineering, where 210 soldiers of the imperial Japanese army were lost on the Hakkoda Mountains in 1902. Visitors can also listen to volunteer guides.



Map
<A>5-H

Aomori Public University Aomori Contemporary Art Center

青森公立大学国際芸術センター青森

The center is situated in a large area surrounded by green forests. It displays works of art by overseas artists invited to Japan by international exchange programs. It hosts workshops and offers opportunities to interact with artists and engage in craftwork activities.



Around Namioka



Map
<E>8-F

Medieval Museum 中世の館

The museum is on the site of the remains of Namioka Castle, a nationally designated historic site which was once home to the Namioka Kitabatake clan during the Muromachi period and is also known as a "medieval village". The Medieval Museum displays items excavated from the Namioka area and is a great way to discover the history of the area.



Namioka, the land of apples and a medieval site

Namioka boasts plentiful nature, large apple orchards and sprawling paddy fields. The roadside station "Namioka" Apple Hill sells a wide variety of local products in addition to apples. In "Aomori Sightseeing Apple Garden", visitors can enjoy picking apples.



"Namioka" Apple Hill (Roadside Rest Area)

Map
<E>7-E

道の駅「なみおか」アップルヒル



Great aid for traveling in Aomori: Sightseeing navigation app

Navigation for sightseeing in Aomori

Handy features

1. Shows famous sightseeing spots and recommended tour routes in Aomori
2. Users can search for seasonal event information from its calendar
3. Full of navigation features showing public transportation information like how to change trains or buses and how long it takes to travel a route
4. Supports Japanese, English, Korean, Simplified Chinese and Traditional Chinese

How to access the app download page

Free of charge

Through App Store or Google Play

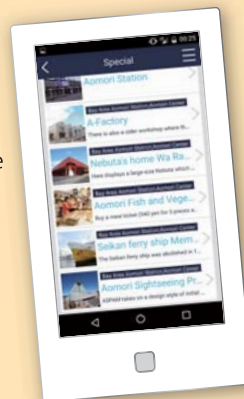
Aomori City Travel Navi

Scan the QR code to access

For iPhones



For android phones



Inquiries: Exchange Promotion Division (017-734-5175)



【Dried / grilled sardine ramen】

Aomori ramen noodles characteristically come with a soy-sauce based soup accentuated with dried or grilled sardines and fine, wavy noodles. It is said that after the WWII, diners and food stalls in front of Aomori Station started serving Chinese noodles, and that the ramen has a light flavor as it was eaten for breakfast and as a snack for merchants who came from all over Tsugaru.

【Grilled shellfish with miso】

Eggs and miso are put into the shells of scallops from Mutsu Bay and grilled slowly. It is a simple dish but its soup is wonderfully delicious, oozing out of the shell.



【Grilled scallop】



For visitors wanting to enjoy the natural taste of scallops, this is it. The scallop is placed on a grill. Using the deeper side of the shell as a dish. The soup from the grilled scallop has an unforgettable flavor.



【Aomori miso oden stew with ginger】

After WWII, during the severe winter, a woman running a food stall put ground ginger into the miso soup of the oden (Japanese seafood stew) to warm the passengers boarding the Seikan ferry as much as possible. This pleased the passengers and the soup base became popular. The stew contains lots of ingredients that keep the body warm, including devil's tongue, large squares of deep-fried fish meat, chikuwa fish roll, bamboo grass shoots and whelks.



【Hakkoda beef】

Hakkoda beef is grown in the peaceful environment of Hakkoda Farm, approximately 500m above sea level, surrounded by indigenous beech and Japanese oak forests. The beef is mostly red meat and is full of nature's flavor. The fleshy meat is perfect for slow-cooked dishes.



【Miso curry milk ramen】

The owner who once ran a popular ramen stall in Sapporo's ramen street started afresh in Furukawa, Aomori City. The ramen the owner experimented with a soup base made with miso, salt and soy sauce mixed with curry and milk, and it turned out to be very popular. After much trial and error "miso curry milk ramen" was born. The ramen is delicious with a unique flavor coming from the richness of miso, spicy curry, mild milk and butter.

【Aomori, the city boasting amazing sushi】

The secret to Aomori's tasty sushi is its fertile ocean and uncompromising culinary skills! Aomori serves fantastic fresh sushi because it is surrounded by four seas: the Pacific Ocean, the sea of Japan, the Tsugaru Channel and Mutsu Bay. Aomori is known for its great sushi, being the land of countless sushi chefs who devote themselves to making demanding customers happy.



【Local sake that goes well with Aomori's delicacies】

Aomori's sake attracts fans from all over Japan. It is brewed using the underground water that contains mountain water from the snow of Hakkoda mountains, and Aomori's sake rice varieties "Kojonishiki" and "Hanaomoi" which have been repeatedly modified to improve the quality. Along with other products, sake also symbolizes Aomori's taste and culture.

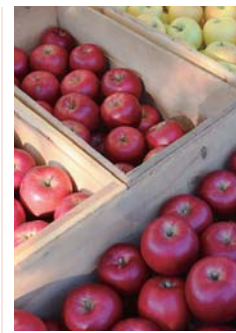


【Hot pot / Jappa soup with cod】

Jappa soup is one of Aomori's coastal winter dishes, made with cod meat cooked with daikon radish, bok choy, devil's tongue and tofu, and flavored with miso and salt. On cold snowy nights the soup is one's perfect companion, keeping the body warm.

【"Mizu" edible wild plant and sea squirts】

The edible wild plant commonly known as "mizu" (elatostema umbellatum) and sea squirts are the best match, and they go very well with sake. Flavored with kombu seaweed, the crispy mizu and the sea squirt's unique bitterness are almost addictive. It can be enjoyed with sake, or as a side dish for rice.



【Aomori apples】

Most apples grown in Aomori are of the "Fuji" variety. They are not very acidic and are very sweet. Other varieties like "Jonagold", refreshingly sour and sweet apples with a crispy texture, and "Orin", which are richly juicy and have a strong scent and sweetness, are harvested and marketed from August to November, offering a wide variety of textures and flavors in each season.



【Apple products】

Aomori's apples are marketed as a variety of processed products, including juice, whole apple pies, apple jam, and fruit cake, perfect as souvenirs from the land of apples.



【Aomori cassis】

Aomori City is the largest producer of cassis in Japan. The cassis is used to make jam, cakes, juice, wine and other products that are enjoyed by many visitors as souvenirs.



【Sea cucumbers and their products】

Aomori is one of the largest producers of sea cucumbers in Japan. In Aomori, sea cucumbers appear on dinner tables at home in the New Year, and as a marinated dish during the cold season.



【Kujira rice cake】

The rice cake's name means "rice cake that is loved forever". It originally came from Kyoto and is said to have been passed onto Aomori by merchant ships travelling around Japan westward. The secret of the rice cake's long popularity is its flavorful walnuts and moderate sweetness.

【Guide to facilities for sightseeing and activities】

There are plenty of opportunities for fully experiencing Nebuta, history and nature. Please have an enjoyable time in Aomori by participating in attractive activities.

Around city area

Nebutabayashi live performance, Haneto experience



Map
2-B

Time required
Approximately 30 minutes

You can listen to a live Nebutabayashi performance in "Nebuta Hall" where large Nebuta paraded in the Nebuta Festival are displayed. You can also experience Haneto dancing to Hayashi music, and play drums and hand cymbals. You can feel the excitement of the festival. A special performance by the Hayashi group is held on Saturdays, Sundays and public holidays.

【Wa Rasse Nebuta Museum】

Address: 1-1, Yasukata 1-chome, Aomori-shi, 030-0803
Phone: 017-752-1311

Period: Performed three times a day (from 11:00 a.m., 1:00 p.m., 3:00 p.m.)
Closed on 31st of December to 1st of January, 9th to 10th of August (due to change of entire Nebuta display)

C o s t : Nebuta Museum, Nebuta Hall
Adult 600 yen (discount applies to a group of more than 10 persons 540 yen)
W e b : <http://www.nebuta.jp/warasse/>

Picking apples



Map
<A>5-H

Time required
30 to 60 minutes

Only a 20-minute drive from the city towards Tashirota. You can pick cherries, peaches, prunes, pears, apples and chestnuts depending on the season from June to October.

【Aomori Sightseeing Apple Garden】

Address: 35, Osawa, Tamogino, Aomori-shi, 030-0124
Phone: 017-738-3047

C l o s e d : Varies depending on the season.
Please contact.

C o s t : 300 yen per person (You can pick three apples.)
※The cost is for apple picking only. Additional charges apply if you would like to buy apples to take home.

W e b : <http://a-s-applegarden.jp/>

Experience making Cassis (black currant) jam



Time required
Approximately 60 minutes

You can take home Cassis Jam which you make and pack in a jar. Other activities such as harvesting farm products and making miso, soba noodles and bread are also popular.

【Aomori City Fureai Farm】※ Approximately 40-minute drive north from JR Aomori Station (outside map).

Address: 243-342, Isobe Shitobashi, Aomori-shi, 030-1261
Phone: 017-761-3082

Period: All year, booking is required. Please contact.

C o s t : one time/1,000 yen (includes tax)
(Possible to make 3 jars of jam.)
Available for one person to a maximum of 25 people

Horse Riding



Map
<A>5-G

Time required
10 to 60 minutes

The Aomori Horseback Riding Club is open during all seasons, but is closed on Tuesdays. Children 4 years old or older can ride a horse. Beginners can try the "Draft horse course," during which a staff member pulls the horse. People with some experience can try the "Horse riding course for beginners," in which you can ride the horse around the surroundings after having a short lesson from an instructor. Please book a day in advance if you are interested. We can accept inquiries in English by email only.

【Aomori Horseback Riding Club】

Address: 245-1, Matsumori, Goshizawa, Aomori-shi
Phone: 017-728-1779

W e b : <http://www.uma-arc.sakura.ne.jp/arctopmenu.html>

C o s t : Draft horse course (no age restrictions) 1,000 yen per approximately 10 minutes
Horse riding course for beginners 4,800 yen per approximately 45 minutes
Horse trekking course (for experienced riders only) 10,000 yen per approximately 60 minutes

Picking blueberries



Map
<A>4-H

Time required
30 to 60 minutes

You can stroll freely in the 11,000 m² garden located at the northern side of the Mount Hakkoda range, and experience picking ripe and delicious blueberries. The farm puts safety first as it does not use agricultural chemicals in growing products, but uses organic fertilizer.

【Hakkoda Blueberry Sightseeing Garden】

Address: 19-1, Kanda, Yokouchi, Aomori-shi, 030-0132
Phone: 017-738-2301

Period: From middle of July to middle of August
Hours: 9:00 a.m. to 4:00 p.m. (Please contact if it rains.)

C o s t : Adult 500 yen/ Child 300 yen
(You can pick blueberries to fill the container provided.)
*Group discount available.

Experience Magatama making



Map
<A>3-F

Time required
Approximately 60 minutes

You will learn "whittling" techniques of the Jomon people through making "Magatama", accessories for ancient people. Other activities include amber pendant making and clay figure making.

【Sannai-Maruyama site Jomon Hill Sannai Mahoroba Park "Jomon Jiyukan"】

Address: 305, Sannai Maruyama, Aomori-shi, 030-0031
Phone: 017-766-8282

Period: All year
Hours: (1) 9:30 a.m. to 11:00 a.m. (2) 1:00 p.m. to 2:30 p.m.

C o s t : 330 yen (includes tax)
※ Available for one person to 100 people at one time.

W e b : <http://sannaimaruyama.pref.aomori.jp/>

Observation of grilled fish sausage factory



Map

<A>3-H

Time required
Approximately 60 minutes

You can observe the manufacturing process of grilled fish sausages called "Botanyaki" and eat freshly grilled fish sausage from the 22 m long oven.

[Sightseeing at the grilled fish sausage factory] "Numata Shoten Co., Ltd."

Address: 12-10, Aoyagi 2-chome, Aomori-shi, 030-0811
Phone: 050-3785-3945
Hours: 10:00 a.m. to noon
Closed: Saturdays, Sundays and Public holidays
 ※Not available in November and December as it is the busy time of the year.
Cost: Free
 ※Minimum number is 10 people, booking is required at least one week prior to the day of observation.
Web: <http://www.m-numata.jp/>

Local Shinmachi Shopping Street tour



Map

4-D

Time required
2 to 3 hours

Shop owners of local Shinmachi Shopping Street act as tour guides and show you the best products of various shops and fun aspects of the town. You can also try great snacks.

[Shinmachi Shopping Street Office]

Address: 2F, 6-27, Shinmachi 2-chome, Aomori-shi, 030-0801
Phone: 017-775-4134
Period: Booking is required by one day prior to the tour date. Contents of each tour and time can be adjusted.
 ※Minimum number is 2 people for each course, meeting location is Machimachi Plaza.
Cost: A course (approximately 3 hours) 2,000 yen—lunch and tea are included.
 B course (approximately 2 hours) 1,000 yen—tea is included.
Web: <http://shinmachi.aomori.jp/>

Aomori Town stroll



A Scenic course 2 km

Visit Seikan ferry and enjoy the scenery of Tsugaru Strait in the four seasons

~ Port town Aomori with fresh salty sea breeze ~

The course covers many "must do's" when you come to Aomori where you can enjoy sightseeing and buy souvenirs easily while strolling along the beach looking at scenery.

Time required
Approximately 2 hours

B History and culture course 2.5 km

Visit the birthplace of Shiko Munakata and Aomori

~ Uto Shrine and four temples in the old Teramachi Temple area ~

The course takes you in the footsteps of our ancestors in the town and explains local history. Visit places that have a connection with Shiko Munakata, a world famous woodblock artist and Osamu Dazai, a novelist as well as Uto Shrine which was considered protector of Aomori in the past.

Time required
Approximately 2 hours and 15 minutes

C Taste and shopping course 1.3 km

Look! Taste!! And explore!!!

~ Furukawa Market and the best products of each shop in the central shopping street ~

The course offers the opportunity to casually experience Furukawa Market which is like a kitchen to the locals, Spacious streets with the feel of the Showa era, the products and atmosphere are unique to the local area.

Time required
Approximately 1 hour and 30 minutes



Map

2-A

Volunteer guides will take you to scenic and historic places in the town, introduce local specialty products, the local's favorite shops and hidden attractions which most locals do not even know.

[Aomori City Tourism Exchange Information Center]

Address: 1-25, Shinmachi 1-chome, Aomori-shi
Phone: 017-723-4670
Period: Fridays, Saturdays, Sundays, Public holidays and 2nd to 7th of August
 ※Please contact the Center if you would like to arrange different day and time.
Hours: (1) 10:30 a.m. start (2) 2:00 p.m. start
Cost: Free

Around Asamushi

Early morning walks at Asamushi Onsen



Map

<C>8-A

Time required
Approximately 1 hour

You will walk around tourist attractions at Asamushi Onsen with locals in the early morning for approximately one hour.

You can enjoy the fresh morning air while visiting tourist attractions and discovering the history of Asamushi Onsen. Participants discuss and choose one course out of four courses (Akamatsu course, Lake Hotaru course, Hachimangu course and Mutsu Bay lookout course).

[Asamushi Onsen Tourism Association]

Address: 341-19, Hotaudani, Asamushi, Aomori-shi, 039-3501
Phone: 017-752-3250
Period: April to October
 Booking is not required.
Cost: Free
Web: <http://www.asamushi.com/>
Hours: Meeting location Asamushi Onsen Station
 Starting time: 5:30 a.m.
 • Akamatsu course
 • Lake Hotaru course
 • Hachimangu course
 • Mutsu Bay lookout course

Asamushi Onsen snow hiking



Map

<C>8-A

Time required
Approximately 2 hour

You will hike through semi natural areas of Asamushi in winter. The course is set at a leisurely pace, which suits even beginners and it takes you around Asamushi Onsen resort and to a lookout where you can enjoy the uninterrupted view of Mutsu Bay. After hiking, you can relax in a hot spring in Asamushi.

[Asamushi Onsen Tourism Association]

Address: 342-19, Hotaudani Asamushi, Aomori-shi, 039-3501
Phone: 017-752-3250
Period: From middle of January to end of February
 Booking is required by 4:30 p.m. of the day before through Asamushi Onsen Tourism Association.
Cost: Programs: 1,000 yen (includes tax)
 Rental (whole set including snow shoes, shoes, stocks, snow jacket and pants, gloves, etc.): 1,000 yen (includes tax)
Web: <http://www.asamushi.com/>

Around Hakkoda area

Hakkoda guide



Map

<D>8-C

<D>9-D

Experienced guides who know Hakkoda's beauty in each season will take you trekking, skiing and snowboarding at Hakkoda. You can enjoy the magnificent nature and feel exhilarated.

[Hakkoda Guide Club]

Phone: 017-728-1511

[Hakkoda Park]

Phone: 017-738-8591

[Sukayu Hot Spring]

Phone: 017-738-6400

※Please inquire regarding season, hours and cost.

Hakkoda snow hiking



Map

<D>8-C

Time required
Approximately 3 hour

You will hike through the white snow fields of Hakkoda wearing snow shoes. The course is suited even for beginners as guides will take you at a leisurely pace with plenty of breaks.

[Hakkoda Park]

Address: 1-34, Kansuizawa, Arakawa, Aomori-shi, 030-0111
Phone: 017-738-8591
Web: Please search under "Hakkoda Park".
Cost: 8,000 yen per person (6,000 yen per person for more than two people)
 ※Included in the cost: guide, rental (snow shoes, boots, snow jacket and pants, hat, goggles and gloves)
 ※Ticket for Hakkoda Ropeway (1,180 yen for one way) is not included.

【Excursions (short trips)】

Here are some attractive excursions that will make a stay in Aomori an even more wonderful experience.

[Excursions supervised by] Yoshihisa Nakajima, Chairman, Specified nonprofit organization Aomori Sightseeing Promotion Association

●Half-day or whole-day walking tours to visit sightseeing spots●

Aomori City

■ Food market gourmet and shopping! Casual town walk tour

Transport Walking

Aomori City
Half-day course



■ Tour to enjoy modern Aomori and the seasonal delicacies from Mutsu Bay

Transport Walking

Aomori City
Half-day course

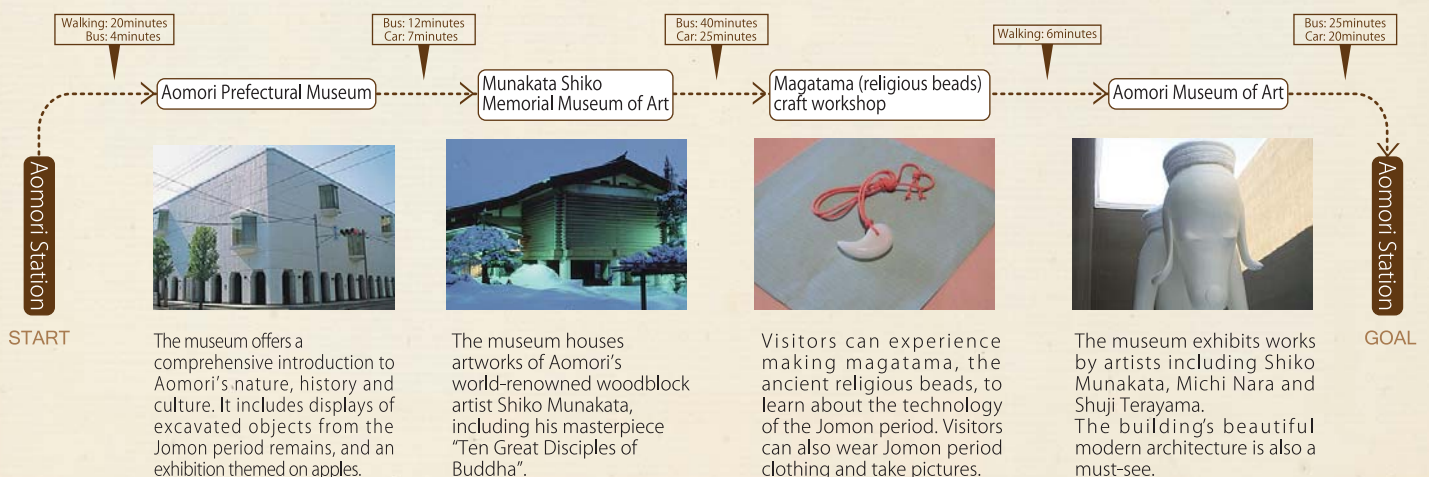


■ Romantic tour of Aomori's culture and art

*The time required for the course depends on how much time is spent at each spot.

Transport Walking & bus

Aomori City
Half-day or one-day tour



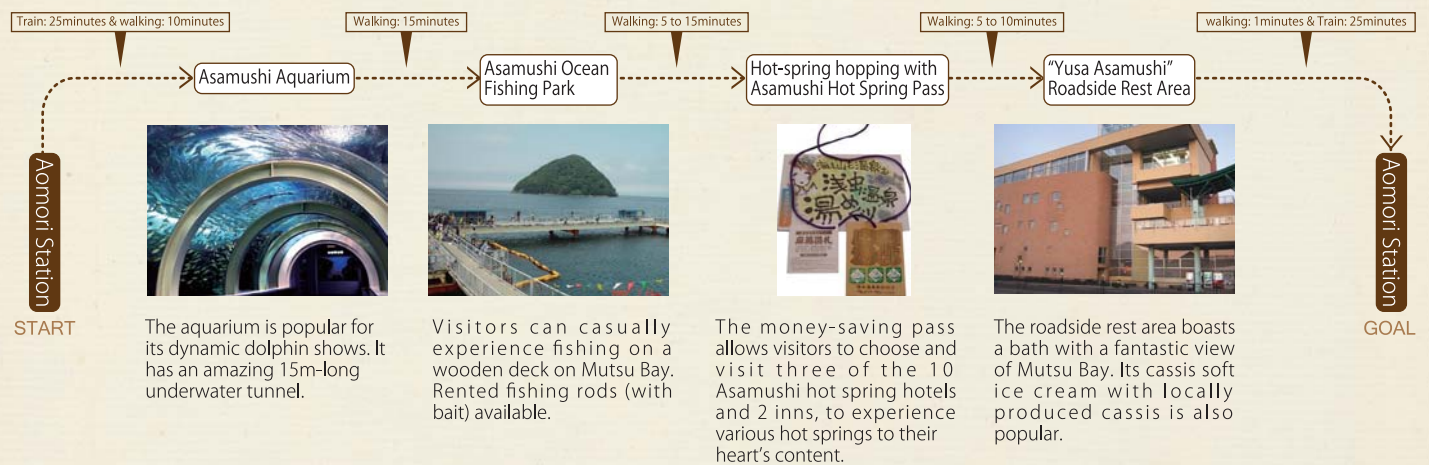
■ Enjoying the great nature and hot springs of Hakkoda

Transport **Car** Aomori City One-day tour



■ Experience more of Aomori: Asamushi hot spring course

Transport **Walking & train** Aomori City One-day tour

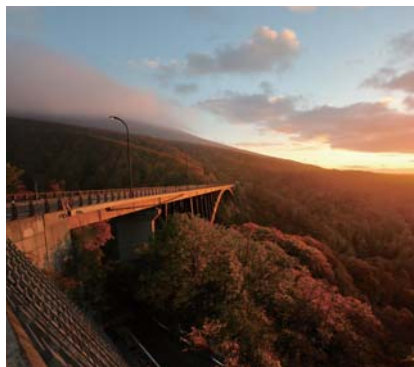


■ An expert course to enjoy Aomori to the full

Transport **Car** Aomori City One-day tour



■ Tour to experience the magnificent view of the Hakkoda mountains and the traditions of Tsugaru



Jogakura Ohashi bridge

Hakkoda

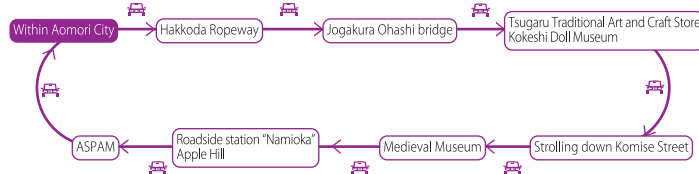
■ Fresh greenery & summer mountain season: from mid-May to mid-August
■ Autumn leaf season: from late September to late October ■ Winter mountain season: from early November to late April

After enjoying the magnificent view of the Hakkoda mountains from the ropeway, the tour goes to Jogakura Ohashi, the largest arched bridge in Japan with a pedestrian walkway. The bridge stretches over the Jogakura Valley and from the bridge, visitors can enjoy the wonderful view of Towada Hachimantai National Park. After thoroughly enjoying the magnificent nature, it is time to experience traditional crafts. The tour visits the Tsugaru Traditional Art and Craft Store in Kuroishi and the adjacent Kokeshi Doll Museum where you can try decorating kokeshi dolls, goldfish Neputa amongst other items and making Tsugaru-nuri lacquerware.



Kokeshi Doll Museum

Departing from and returning to Aomori City: one-day tour



■ Hirosaki, the town with a mix of Japanese and western influences: Apple garden and traditional experience tour



Hirosaki Castle



Zenringai Temple area



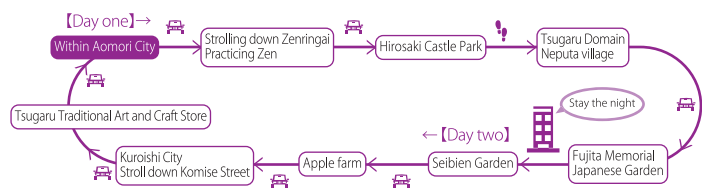
Apple farm

Hirosaki

■ Cherry blossom season: from late April to early May

Departing from and returning to Aomori City / Two days and one night

Hirosaki is a retro-modern town. After walking down Zenringai, the street lined with 33 zen temples, enjoy the eclectic atmosphere of the castle town around Hirosaki Castle, which is scattered with western mansions and gardens. Inside Fujita Memorial Japanese Garden, built in the Taisho era, visitors will find a western mansion which is a registered cultural property. Seibien in Hirakawa City, a designated national sight, is one of the three most beautiful gardens of the Meiji era. In the apple season visitors can also enjoy picking apples.



■ The wonderful Oku Tsugaru / Shirakami Sanchi tour



Shayokan (Osamu Dazai Memorial Hall)



Tachineputa No Yakata



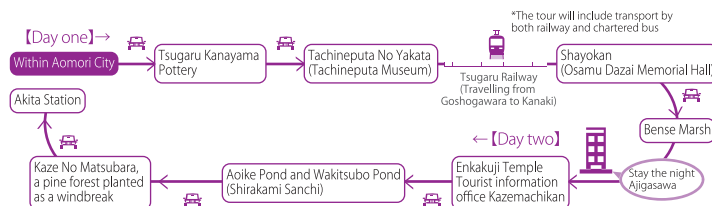
Aoike Pond of 12 Lakes ("Juniko")

Shirakami Sanchi

■ Best season: from June to October

Departing from Aomori City and arriving in Akita City / Two days and one night

See the overwhelmingly dramatic and gigantic floats, over 20m tall, at Tachineputa No Yakata (Tachineputa Museum). Then hop onto the Tsugaru Railway, full of nostalgic atmosphere, to go to Kanaki. Visit Shayokan, the house where novelist Osamu Dazai was born, to see Meiji-era wooden architecture, designated as an important cultural property, as well as Dazai's early manuscripts. At Juniko ("Twelve Lakes") in Shirakami Sanchi, visit the beautiful and mystic emerald-green Aoike Pond and amazingly clear Wakitsubo Pond.



■ Touring Tappizaki Cape & the legend of Tosaminato, a dreamlike medieval town

Departing from and returning to Aomori City / Two days and one night



Jusanko (13 Lakes)

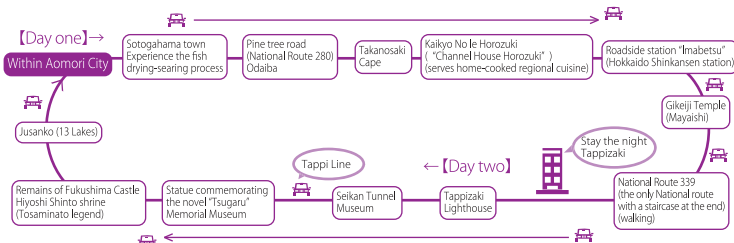


Tappizaki Cape



Gikeiji Temple

Visit seaside spots with magnificent views, including "Pine tree road" that stretches approximately 1km along the coast, the famous Takanosaki Cape with its gigantic and strangely shaped rocks, and the Tappizaki Lighthouse, which has been selected as one of the 50 best lighthouses in Japan. Visiting medieval sites such as the remains of Fukushima Castle and Hiyoshi Shinto Shrine, one will be taken back to the world there once was, where Tosaminato was a major city almost equal to Heian-kyo which is now called Kyoto. Stop also at "Michi-no-Eki (Roadside rest area)" Imabetsu, adjacent to the new Okutsugaru-Imabetu station that lies on the new Hokkaido Shinkansen line.



Great nature of Hakkoda / Oirase / Lake Towada Tour

Departing from and returning to Aomori City: Two days and one night



Landscape of Hakkoda



Mountain stream of Oirase



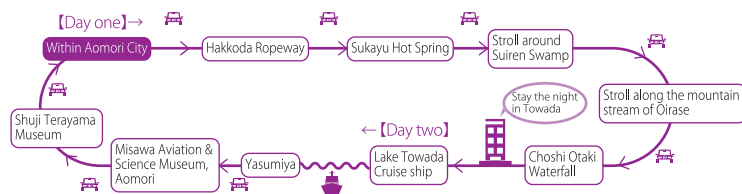
Lake Towada

Oirase

■ Fresh greenery & summer mountain season: from mid-May to early September

■ Autumn leaf season: from mid-October to early November ■ Winter mountain season: from late November to late March

After enjoying the great nature of Sukayu Hot Spring, in Hakkoda, stroll along the pure mountain stream of Oirase. From the cruise ship in Lake Towada visitors can see the famous Otome no Zo statue of two women and a wonderful lake view. At Misawa Aviation & Science Museum, Aomori, visitors can enjoy flight simulation. Visitors can also see 12,000 pieces of work by poet and playwright Shuji Terayama at Shuji Terayama Museum.



Shimokita Peninsula, the land of faith, and mystic landscape tour

Departing from and returning to Aomori City: Two days and one night



View of Hotokegaura

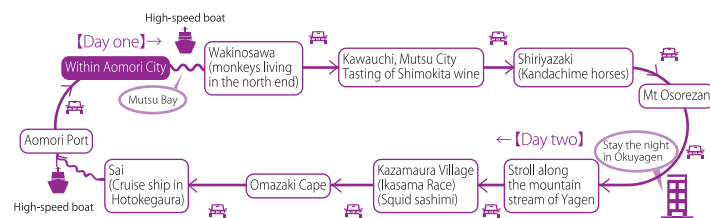


Mt Osorezan



Omazaki Cape

At Osorezan, one of the three largest holy sites in Japan, see the mystic emerald green Lake Usori, and bleak rocky grounds associated with the images of hell. Visitors can enjoy a variety of majestic views including the pastoral landscape of Shiriyazaki Cape where Kandachime horses stand with a lighthouse in the background, and the dramatic array of giant and strangely shaped rocks shaped by nature in Hotokegaura.



—Sanriku Fukko National Park—
(Michinoku Shiohaze Trail)

Tanesashi Coast, Hachinohe and modern art tour

Departing from Aomori City and arriving in Hachinohe City: Two days and one night



View of Tanesashi Coast



Hashshoku Center

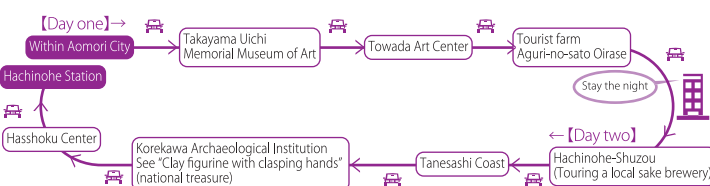


Towada Art Center

Tanesashi Coast

■ Main season: from mid-May to October

Towada Art Center is popular for its unique modern art pieces. The pieces, the architecture and surrounding streets together form an artistic space. Tanesashi Coast, which is part of Sanriku Fukko National Park, has a vast span of natural grass, with a wide variety of seasonal plants and creatures. Visitors can also tour local sake breweries and the Hashshoku Center, a local food market, to satisfy both appetite and soul.



Three famous hot springs tour : Sennin Buro (Thousand-People Bath) in Sukayu, hidden beech forest bath in Tsuta, and Lamp-no-yado in Aoni Onsen

Departing from and returning to Aomori City: Two days and one night



Sukayu Hot Spring

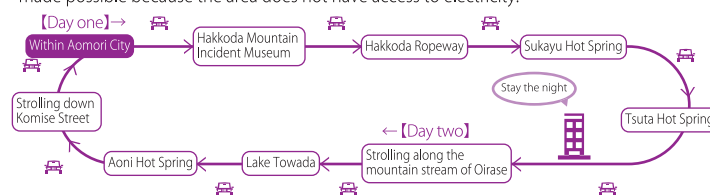


Tsuta Hot Spring



Aoni Hot Spring

With this tour visitors can enjoy the famous atmospheric hot springs of Aomori to their heart's content. Sukayu Hot Spring captures the heart of hot spring lovers with its white cloudy water filling the famous "Sennin Buro", a 260 square-meter bath tub made entirely of Japanese cypress, while Tsuta Hot Spring, a hot spring visited by the poet and writer Keigetsu Omachi in the Meiji and Taisho period, boasts a beautiful building made with Japanese cypress and horse chestnut trees. Meanwhile Aoni Hot Spring, renowned also as "Lamp inn" (due to old timey lanterns) is an isolated hotel along a mountain stream. Experience the magical atmosphere made possible because the area does not have access to electricity.



Introduction of support systems

Let's make conventions successful by making use of various services.

Introduction of support menu

We will support all aspects of convention hosting and other events, including planning, development and coordination. We will provide support from the preparation stage all the way to post_convention. If you have questions, please don't hesitate to contact us.

1

Support

Planning stage

✓ Introduction of venues

Please advise us about the type of convention you are planning to host.

We will introduce venues which suit your needs.



✓ Support for convention planning

We will support planning, development and coordination unique to Aomori so that you can host a better convention.



2

Support

Preparation stage

✓ Application for grants and subsidies

Grants from Aomori Prefecture and Aomori City are available. Please refer to page 43 for details.

✓ PR of information regarding conventions

We will upload information regarding conventions in the "Aomori City Guide", a website of the Aomori Tourism and Convention Association (a Public Interest Incorporated Association). In addition, we will assist with PR activities by approaching media such as TV and newspapers.

✓ Introduction of tourism information

We will introduce sightseeing courses to enable you to enjoy Aomori City's attractions to the fullest.

✓ Introduction of related business operators

We will introduce related business operators such as printing companies, temporary employment agencies and event companies so that you can smoothly operate your convention.

✓ Introduction of accommodation

We will introduce accommodations where you can stay with comfort, such as Japanese style ryokan and business hotels. We can also introduce accommodations located outside Aomori City.

The day of the convention

✓ Providing brochures for sightseeing

Free of charge

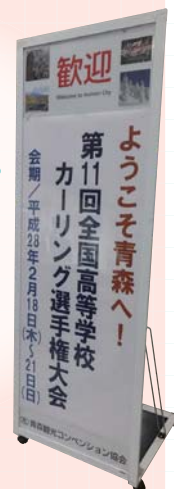
We will provide brochures useful for seeing the sights of Aomori City with information including a sightseeing map and a restaurant guide.



Free of charge

✓ Putting up welcome boards

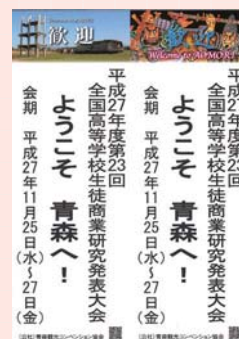
If more than 100 participants per day are expected from outside the prefecture, a welcome board (standing type) for the convention can be put up in three locations: JR Aomori Station, JR Shin-Aomori Station and Aomori Airport.



✓ Putting up welcome posters for the convention

Free of charge

If more than 100 participants per day are expected from outside the prefecture, welcome posters (size will be B4 cut in half vertically) can be put up in approximately 100 locations around Aomori Station, mainly in the shopping district.



✓ Providing convention bags

Charges apply

*We offer paid services for making stickers with the convention title to be attached to the bags. We also will put convention materials into the bags.

Bags for the convention

■ 100 yen/bag (including tax)

A size-B4 handheld bag with a gusset fit for carrying meeting materials and proceedings.



Plastic bags

■ 50 yen/bag (including tax)

A size-A4 plastic bag fit for multiple purposes, such as keeping materials separate and carrying brochures.



✓ Rental service for various items

Free of charge

We offer rental services for various items for meetings and events (please inquire for more details, including how many units are available).

- Items for managing personnel and cars: simple transceivers, loudspeakers and guiding rods
- Items for participants and staff: ribbons (with a rose emblem) and name holders
- Rental DVDs: a DVD showing Aomori's tourist sites, and a DVD of the Nebuta festival
- Other: Nebuta costumes (charges apply for cleaning: 2,000 yen per costume)

【Inquiries】

Aomori Tourism and Convention Association
(a Public Interest Incorporated Association)

2F, Aomori Passenger Ship Terminal Bldg., 4-1, Yanakawa 1-chome, Aomori-shi 038-0012

Phone : 017-723-7211 Fax : 017-723-7215

<http://www.atca.info/>

Homepage of Aomori Tourism and Convention Association
(a Public Interest Incorporated Association)

Grants and subsidies

Support

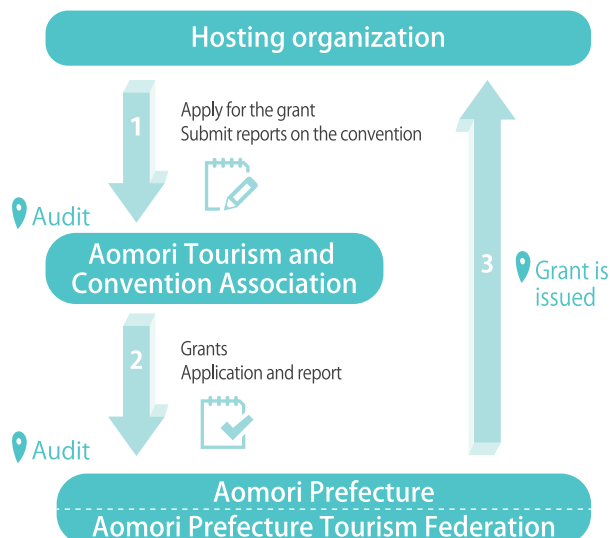
Applications accepted from April 1, three years prior to the convention being held, until the end of September the year prior to the convention being held.

Grants for hosting conventions in Aomori Prefecture

Deadline : End of September of the year prior to the convention

Process of applying for and issuing of subsidies

The final authorization of the subsidy and confirmation of the subsidy amount will be made in April of the year the convention will be held.



Q Which conventions will be eligible for grants?

A : Conventions hosted within Aomori Prefecture, with participants from outside the prefecture staying a total of 100 nights or more at hotels within Aomori Prefecture.

The total of nights participants from outside the prefecture stay	Grant amount (per convention)
100 ~ 299	300,000 yen or less
300 ~ 499	500,000 yen or less
500 ~ 999	700,000 yen or less
1,000 ~ 1,999	1,000,000 yen or less
2,000 ~ 2,999	2,000,000 yen or less
3,000 ~	3,000,000 yen or less

* The grant's budget will be distributed on a first-come (in the order of the month the application is received), first-served basis.

* Priority may be given to large conventions where participants from outside the prefecture stay a total of more than 1,000 nights in the prefecture, when distributing the grant's estimated amount.

Q How do we apply?

A : Please apply to the Aomori Tourism and Convention Association (a Public Interest Incorporated Association). Applications are accepted from April 1, three years prior to the convention being held, to the end of September the year prior to the convention being held.

*To receive the grant, you will be required to submit, before and after the convention, a list of all the participants who stay at hotels in Aomori Prefecture (the name of the participants and the prefectures they come from, the hotels they will be staying, the check-in and check-out dates, and their organization names).

* The grant may not be issued to conventions with deep ties with the government, for example those organized or co-organized by the national or local governments and public organizations.

*If you are receiving other grants or subsidies from the national or local government, this grant will not be applicable.

Aomori Tourism and Convention Association (a Public Interest Incorporated Association)
http://www.apinet.jp/ap_convention.html

Support

Please apply by the end of February of the year prior to the convention being held.

Subsidies for hosting conventions in Aomori City

Deadline : End of February of the year prior to the convention

Q Which conventions will be eligible for the subsidy?

A : Conventions hosted within Aomori City, with participants from outside Aomori Prefecture staying a total of 50 to 99 nights at hotels within Aomori City.

Q How much will the subsidy be?

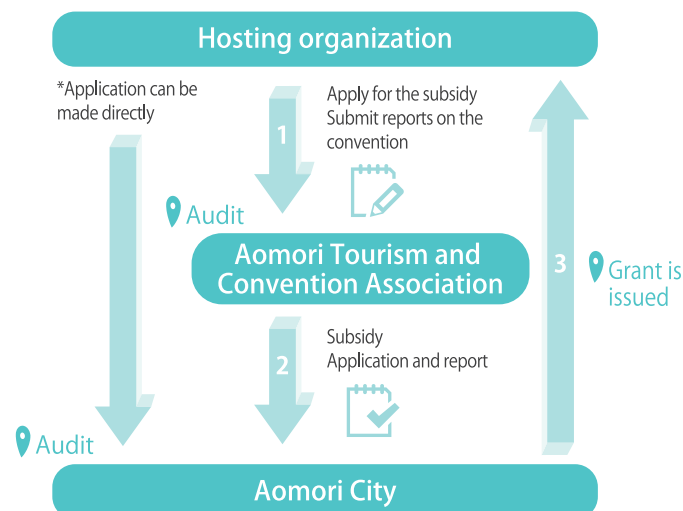
A : The lower sum of either the expenses eligible for the subsidy or 200,000 yen.

Q How do we apply?

A : Please apply to Aomori City Exchange Promotion Division or Aomori Tourism and Convention Association (a Public Interest Incorporated Association). Applications are accepted until the end of February the year prior to the convention being held.

Process of applying for and issuing of subsidies

Please inquire for more details as there are rules for the subsidies.



*You may not apply for both the prefecture's and city's grant / subsidy.

For more details, please contact Aomori Tourism and Convention Association (a Public Interest Incorporated Association) (Phone: 017-723-7211).

Introduction of attractions and sales of local products

Support

We will introduce and arrange attractions such as Nebutabayashi and Tsugaru-jamisen performers.

Nebutabayashi (festive music for nebuta)

You can enjoy an authentic performance of Nebutabayashi, the music which livens up the Nebuta Festival. Instruments used in the Nebutabayashi performances include flutes, drums and hand cymbals.



Tsugaru-Shamisen

Sadness and kindness in a nostalgic tone resonates in the heart, and the very tone represents Aomori.



Support

We are happy to assist you with lending mini Nebuta to decorate the venue and holding exhibitions of local products.

Lending of mini Nebuta

We will lend mini Nebuta of approximately 2 meters in size free of charge. (Please bear the cost of transportation.) Please contact us for details on the availability of mini Nebuta.



Exhibitions of local products

If you wish to hold exhibitions of local products such as souvenirs in conjunction with conventions, please contact us.



Enquiries regarding various attractions

(Public corporation) Aomori Tourism and Convention Association

Phone **017-723-7211** Fax **017-723-7215**

Enquiries regarding holding exhibitions of local products.

(General incorporated association) Aomori-shi Products and Crafts Association

Phone **017-752-6893** Fax **017-752-6894**

Discover Aomori



Synonymous with Aomori

Japan's fire festival Aomori Nebuta Festival



Origin of Nebuta

The echo of drums, the sound of Japanese flutes, the light of Nebuta floats in the dark night and waves of people. All of these dominate Aomori's summer nights.

It is said that the Tanabata Festival brought from China during the Nara Period and customs originating in Aomori many years ago as well as rituals sending off the spirits of the dead came together and became the Nebuta Festival. Floats were made years later and it is believed that this is the original form of Nebuta.

Summer ! Nebuta !

This festival colors Aomori's summer energetically. Nebuta—large floats with frames covered using Japanese paper that is painted—are five meters high, nine meters wide and seven meters deep. Hayashi music is made up of drums, flute and hand cymbals, and Haneto (dancers) excitedly dance around the floats. Nebuta is one of Japan's leading fire festivals in which these three parts move together dynamically and fascinate spectators. As it is very lively, it is called a festival of the triumphant return from war. The Aomori Nebuta Festival is held from August 2nd to 7th every year and draws more than 2 million people. More than 20 large Nebuta floats parade at night from August 2nd to 6th and during the day on August 7th, the final day of the festival. In addition, the six floats that win prizes will float in Aomori Port on the evening of August 7th, and you can see approximately 10,000 spectacular fireworks in the night sky in the background. Anyone in full costumes can participate in the festival.



Throughout the year

So if you can't come to Aomori in August, will you miss Nebuta? Don't worry! There is a facility where you can experience Nebuta throughout the year in Aomori. That's Wa Rasse Nebuta Museum. There are displays of large Nebuta floats which paraded in the festival and its dynamic footage. It also offers you to experience Haneto for yourself. You can enjoy Nebuta anytime. It's not limited to summer.

※ Refer to page 31 for the details of Wa Rasse.

Aomori apples—the best tasting and most plentiful in Japan!



People all over the world will be surprised at the beauty and large variety of Japanese apples. Great taste is packed inside glossy colored apples.

There are red, green and yellow apples and they taste different. But they all have a lovely sweetness and acidity to them, and fresh juice excites the taste buds.

Aomori apples are world famous for tasting great. Aomori is the best producer of high quality apples.

You can enjoy apples in Aomori, the best apple producer in Japan, from August to November.

You can simply buy apples from the shop and eat them. But you can also experience picking apples at apple orchards and view the packaging and shipping processes. Please experience "apple memories" which are unique to Aomori.



Very popular mountain skiing in winter!

But you can enjoy Hakkoda Mountains in all four seasons.



The Hakkoda Mountains is a collective term for 10 mountains, such as Odake (with the highest peak reaching 1,585 meters), Takada-Odake, Ido-dake, Akakura-dake, Mae-dake, Tamoyachi-dake etc. You can also see these beautiful mountains from Aomori Plain and Tsugaru Plain.

Spring



The majestic snow corridor is a road with a snow wall nine meters high on both sides and runs for eight kilometers. Hakkoda-Towada Gold line, which is closed during the winter, reopens on April 1 every year. Reopening of the snow corridor symbolizes the arrival of spring in Hakkoda.

Summer



Unlike the ground level, you will feel the cool air when you get off the ropeway at the summit station even in the summer. Would you like to look for various alpine plants which flower one after another from the middle of June to the beginning of August? If you use the ropeway, you can enjoy a leisurely half-day mountain climb or one-hour trekking.

Autumn



Autumn is when leaves change their color into dazzling yellows and fiery reds. You will be moved by the natural beauty of the Hakkoda Mountains which changes moment by moment, from the colors at the beginning of autumn to the end when the leaves fall. You can enjoy beautiful autumn colors from many parts of Hakkoda Mountains from the middle of September until the end of October.

Winter



For some years the first snow arrives at the Hakkoda Mountains at the end of October. You can enjoy winter sports from the end of November until the middle of May. Many skiers and snowboarders from all over the world come day in and day out to experience the one and only mountain skiing environment in a world of untouched nature with high-quality powder snow and "soft rime" called snow monsters.



Apple picking experience

Approximately 20 minutes by car from the city center heading towards Tashiro-tai. Apple trees heavy with ripe apples on the expansive site await harvesting. It's a great opportunity for you to learn how to select tasty apples and how to pick them! Apples you pick yourself will taste special.
※ Please refer to page 35 for that details.

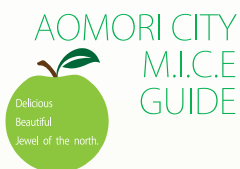
Observing the apple sorting field

You can observe the apple sorting process for packing and shipping with an expert guide. There are more than 50 apple varieties. Freshly harvested apples get graded depending on the size and color. A sensor machine measures the apples' sugar content. The final check is a visual check by humans. This is an informative tour of skills by both machines and human experts.

【Aomori Agricultural Cooperatives Apple Sale Department】

Address) 54, Gorin, Kitanakano, Namioka, Aomori-shi Phone) 0172-69-1113





Published **Aomori City Tourism Promotion Council**

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Fax: **017-734-5146**

<http://www.city.aomori.aomori.jp>

E-mail: kouryuu-suishin@city.aomori.aomori.jp

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Association
2F, Aomori Port Passenger Ship Terminal Bldg.,
1-4-1, Yanakawa, Aomori-shi 038-0012

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Fax: **017-723-7215**

<http://www.atca.info/>

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2-2-17, Hashimoto, Aomori-shi 030-8515

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